

Canadian Legal Resource Centre Inc.  
**CALL NOW!** Mon-Sat Daytime & Evening Appointments  
 403.229.2774 **FREE CONSULTATION**  
**UNCONTESTED DIVORCES**  
 Legal Separation Agreements  
 Spousal Land Transfers  
[www.canadianlegal.org](http://www.canadianlegal.org)  
**CRIMINAL RECORD?**  
 Canadian Pardons  
 US Travel Waivers  
 Fingerprinting  
 21+ years experience  
 Voted #1 Paralegal  
 Why pay more?

The world's largest global newspaper  
**metro**  
 CALGARY, JULY 2, 2009 [metronews.ca](http://metronews.ca)

Explore the many moods of  
**Moxie's**  
 Check out our NEW LOOK and MAJOR EXPANSION  
 coming soon on 17th.  
 Join us for your chance to see L2 and Black Eyed Peas  
 LIVE in Vancouver.  
 17th Ave. MOXIE'S

## City cuts 60 vacant jobs

**COUNCIL** Calling it "fiscal responsibility," city council gave final approval to axing 60 vacant jobs to help curtail a projected shortfall of \$18 million for the year, according to an alderman.

Ward 11 Ald. Brian Pincott said the decision was a positive one meant to counteract the budget deficit and trim overall expenses in light of decreased revenue flowing into the city, which is partially a result of fewer business licences being sought.

"I think it was the right thing to do. We needed to look at reasonable steps in dealing with fluctuating revenues and help keep our costs under control," Pincott said of the move.

Most of the jobs were in the development department, with some being contract positions and others growth positions now being removed, he added.

KRISTA SYLVESTER/  
METRO CALGARY



Louis Wilson, 2, with his mom, Lorna Wilson, who moved to Canada from England four months ago, and Jade Ware, 14, relax in Heritage Park, enjoying every bit of ice cream and the great weather for Canada Day. Calgary welcomes newest Canadians, pg 3

# In praise of Canada

Citizens, non-citizens alike mark nation's 142nd birthday

**CanadaDay**  
 JOEL MESSNER  
 for Metro Calgary

**"It would be great to be able to celebrate becoming a Canadian citizen on Canada Day. I think it would start a great tradition for our family."**

Fred Dickinson

**Canada Day is a time for Canadians to celebrate their country and patriotism, but it is also a time for those who aren't Canadian to see how great it is to be part of this country.**

Two families attending Canada Day celebrations were showing their non-Canadian relatives just what it means it is to be part of the true north strong and free.

"I'm from New Zealand

and I am going to be becoming a Canadian citizen in a couple of years, and it is important to me to become a Canadian citizen," said Fred Dickinson, who attended the Prince's Island Park celebrations with his wife, Julie, and son, Max.

Part of the holiday festivities at Prince's Island Park included a swearing-in ceremony for Calgary's newest Canadians, and Dickinson hopes to be a

part of it when he gets his citizenship.

"It would be great to be able to celebrate becoming a Canadian citizen on Canada Day. I think it would start a great tradition for our family," said Dickinson.

Another Calgary family was showing off their fine nation to a cousin from Germany.

"We're here to show our cousin from Germany just how great it is to be Cana-

dian," said Patti Beaury.

"Canada is a great place. I like it a lot and Canada Day is a great idea," said the cousin from abroad, Chrissy Kruger, who was celebrating her first Canada Day.

Kruger said she doesn't get to celebrate anything like Canada Day in Germany.

Thousands of people showed up for Canada Day celebrations at Prince's Island Park, Fort Calgary and Heritage Park.

According to organizers for the Prince's Island celebration, 60,000 to 80,000 were expected to make their way down to the inner-city park.

## Reverend lauds teens' rescue of local family

KRISTA SYLVESTER  
[krista.sylvester@metronews.ca](mailto:krista.sylvester@metronews.ca)

**B.C.** A Calgary reverend is praising two teens who rescued a local family from a B.C. lake after their vehicle apparently veered off the road and into the water.

Rev. Dean Houghton said Bob and Anne Coul and their two adult daughters, Nancy Rowan and Patricia Wicks, who are all recovering in B.C. hospitals, were plucked from icy Griffin Lake near Revelstoke, B.C., on Monday.

"Those two boys did an amazing thing, and the two nice young men even went and visited the daughters in the hospital yesterday," Houghton told Metro.

Houghton said the family was actively involved in St. George's Anglican Church in Calgary's northeast, which is now rallying behind the family.

"We're just trying to co-ordinate care for the daughters when they return," he said, adding Anne needs surgery on her arm and Bob hasn't been able to speak yet. "I have been told they are stable but that's all I know."



The Coul family of Calgary.

**Sunny Side**  
 Follow Metro's SunnySide initiative as we help you find the good news around Calgary and Canada. This is also a Call to Action for you to send us your suggestions at [calgaryletters@metronews.ca](mailto:calgaryletters@metronews.ca), [metronews.ca](http://metronews.ca) or on Twitter @metrocalgary. On [metronews.ca](http://metronews.ca)  
 • Calling all Calgarians — share your SunnySide thoughts on what makes Calgary tick — People, places, events and architecture — on Twitter using #sunnyside  
 • See what other Metro readers are doing and saying about SunnySide.



**CANADA'S MOST RELIABLE NETWORK<sup>†</sup>**

FEWEST DROPPED CALLS | CLEAREST RECEPTION

[rogers.com/reliable](http://rogers.com/reliable)

**ROGERS**

\*Most reliable network claim refers to call clarity and dropped calls test results as conducted by Rogers and a recognized third-party research company in the majority of urban Canadian centres within the Rogers Wireless footprint, comparing voice services of other major wireless providers.

†Trademarks of Rogers Communications Inc. used under license. © 2009 Rogers Wireless.

Free Daily News Group Inc., operating as Metro Calgary, 120, 3030 - 3 Avenue NE, Calgary, Alberta T2A 6T7. Publisher: Steve ShROUT

# How can I keep more of my money?

**Follow BMO® SmartSteps to start  
saving more money.**

We'll set you up on the spot to do better with your money by generating automatic savings every month, minimizing your banking fees, eliminating extra fees like overdraft charges, growing your savings tax-free, and seeing how to take years off your mortgage.

**Visit a branch to start saving today.**

BMO  Bank of Montreal  
Making money make sense™



## City set to kick off summer

The city will be hosting its east area summer kickoff from 5:30 to 8 p.m. today. The event will be taking place at Prairie Winds Park located at 223 Castleridge Blvd. NE. **METRO CALGARY**

3

## Local



## Get a sneak peak of the Stampede

Calgarians wanting to get an early look at the 2009 Calgary Stampede are invited out to Sneak-A-Peek tonight at Stampede Park. General park admission is \$7 and kids under six are free. The Superdogs show is on at 7:30 p.m. and the mid-way rides are open from 6 p.m. until midnight.

METRO CALGARY

## What's next for SW ring road?

**PROPOSAL** He's not exactly surprised that Tsuu T'ina band members voted against the southwest leg of the province's ring road proposal.

In fact, longtime Lakeview resident Bill Holt just chuckled.

"I always said this ring road wouldn't be built in my lifetime. They could give them twice as much land and they still wouldn't be happy, because all we're doing is giving them some land that already belongs to them."

Just over 60 per cent of eligible Tsuu T'ina band members voted against the ring road proposal, which would have

created a major artery to move traffic north and south between Glenmore Trail and Anderson Road, potentially easing congestion on already existing routes.

Meanwhile, the province has been caught without so much as a backup plan to replace the freshly rejected proposal, says Alberta Transportation spokesperson, Trent Bancarz, adding that the province plans to start looking at viable alternatives to the city's traffic woes.

Ward 11 Ald. Brian Pincott, however, suggested the city would have to step up efforts to produce a viable alternative for commuters, instead of relying on the province.

"At this point, we need to look to the future and how we deal with the city of Calgary instead of relying on a 40-year-old idea, which is what the ring road was," he argued, hinting at the possibility of a commuter system with links to the LRT.

ALYSSA JULIE/FOR METRO CALGARY

ShareYourViews  
calgaryletters@metronews.ca

## Becoming a Canadian

Dozens of new citizens sworn in on Canada's birthday



AMY GREGSON  
for Metro Calgary

**While July 1 may mean just a day off for most Canadians, Lynsey and Phillip Mincher were celebrating Canada's 142nd birthday by becoming Canadian citizens.**

The Minchers, along with 56 others, were sworn in at the citizenship ceremony at Princes Island Park yesterday.

"When we moved here we knew we wanted to stay here," said Phillip. "We have a little girl who is a Canadian citizen, so it seemed like the right thing to do." Their daughter Charlotte is two years old and another baby is on the way in the next couple of months.

The Minchers came to Canada from northern England four-and-a-half years ago.

Lynsey said that England had become too heavily



Phillip, left, and Lynsey Mincher, along with their two-year-old daughter Charlotte (not in photo) immigrated to Canada from England and were sworn in as official Canadians at Prince's Island Park yesterday to kick off their Canada Day celebrations.

populated and that they had spent all their vacations in North America.

They chose Canada because it had the same values as they do and had everything they wanted in a country.

They appreciated Canada because of its friendly

people, mountains, outdoor life, low crime rates, skiing and good weather.

"We love Calgary and Canada," said Lynsey. "We wanted to be here, raise our family here and live till we grow old and die."

The Minchers had to live in Canada for three years

before applying for citizenship. They took the entrance exam about a month ago, which consisted of 20 questions about Canadian history.

"It was good because it made you understand the country that you are trying to live in," said Lynsey.

## Get ready for pancake breakfasts

**STAMPEDE** It's that time of year again — pancake breakfasts and great opportunity to get in the Stampede spirit.

Today, the 2009 CBC Stampede breakfast goes early, with the alley blocked between 16 and 17

avenues NE and Westmount Blvd closed at 6 a.m.

On Friday starting at 7 a.m. the road will be closed between Centre Street S and 10 and 11 avenues SE, as the Mustard Seed will be holding their Stampede barbecue.

METRO CALGARY

## Calgary in brief

**SPARK** Sudden movement by a pallet jack created a spark inside a metal container with mini portable butane torches, causing an explosion that left a pallet jack operator with serious injuries Tuesday at Snap-On Tools, 7403-48 St. SE, the fire department said yesterday.

**CAUSE** A fire that gutted the inside of a northeast townhouse and sent one person to hospital Tuesday, was the result of unattended cooking, the fire department said yesterday. An estimate of the damage hasn't been determined.

**PROJECT HERO** Dependents of Canadian Forces personnel

killed while serving in active military missions will have the support of the University of Calgary to complete undergraduate degrees, as the U of C joined the Project Hero program to recognize the sacrifice of military families while serving their country. The program will begin Sept 2009 and will cover tuition for four academic years.

**FINED** A downtown restaurant named U&Me has been fined \$17,250 after having numerous violations of the Public Health Act. Among the violations were mouse droppings found in the kitchen and storage areas and a customer finding a cockroach in his soup.

METRO CALGARY

## Gas rates set to drop by half

**ENERGY** Residential gas rates are dropping by more than half in July.

In the ATCO Gas South service territory, the July natural gas rate is decreasing from the June rate of \$3.542 per gigajoule to \$1.481 per GJ.

This rate reflects a market price for July supplies of approximately \$3.281 per GJ as reported by the NGX, and incorporates an adjustment of \$1.80 per GJ for June and prior months.

The typical residential gas bill for July based on an average of three GJ of consumption would be approximately \$38 in the South.

METRO CALGARY

metronews.ca

What's online today.

## Video

Soldiers mark Canada Day in Afghanistan with patriotic tank decor and festivities between battles at

metronews.ca/world

## Lotteries

Lotto 6/49: 2, 5, 19, 26, 29 & 31. Bonus 28. These results are not official.

## RILEY &amp; McCORMICK WESTERN STORES

## STAMPEDE BOOT SALE

BUY THE FIRST PAIR OF BOOTS GET THE SECOND PAIR

50% off

Canada West/Brahma Boot Sale



Downtown location  
220-8th Ave. SW

Calgary International Airport  
Departure Level

Visit our Stampede Outposts in The Bay Southcentre • Market Mall • Chinook Centre • Downtown • Sunridge

Check out our online cowboy catalogue at [www.realcowboys.com](http://www.realcowboys.com)



An affordable housing complex for youth seems to be unwelcome as it was vandalized with graffiti that reaffirmed that sentiment. The complex is located at the corner of Northmount Drive and 19th Street NW and is owned by the McMan Youth, Family and Community Services Association. **METRO CALGARY**

## NDP MLA worried \$1B health deficit will mean cuts

**GOVERNMENT** An Alberta NDP MLA is concerned the provincial government will use its recently announced \$1-billion health deficit as an excuse for cuts and privatization of health. "A \$1 billion from a \$7 billion health board budget represents brutal cuts, not 'found inefficiencies,'" Ed Stelmach needs to come clean with Albertans," MLA Rachel Notley said.

**METRO CALGARY**

## Dogs tie the knot in July 1 'pup'tuals

**CELEBRATION** Canada Day in Edmonton was topped off with a doggy wedding ceremony.

Meiko, a Bichon-Shih Tzu-Yorkie, and Molly, a Shitzu-Maltese, went down the aisle at the field of Queen Alexandra Elementary School.

"It was love at first sniff," said Raymond Parker of The Urban Dog, who acted as the priest for the 'pup'tuals.

**METRO CANADA**

# Gear up for Grey Cup defence

Stamps' fans have faith 'dynamite' team will take two-in-a-row

**AMY GREGSON**  
for Metro Calgary

The parking lot of McMahon Stadium was already filling up with tailgaters three hours before kickoff for the Calgary Stampeders season opener yesterday.

After winning it all last year and having the Grey Cup game in Calgary this season, fans are already expecting a similar outcome as last year's.

"It's dynamite. We got great players," said long-time fan Ray Greenland. "Coach (John) Hufnagel has put together a pretty good group of guys and he's a no-nonsense coach. We have a good opportunity to carry on from last year."

Greenland was looking forward to the rematch from the Grey Cup last year as Calgary took on Montreal yesterday.

Fans of the Stampeders for 20 years, Ray and his wife, Pam, have been tailgating for 15.



Pam and Ray Greenland are set to cheer on the hometown Stamps, right through to a possible Grey Cup appearance later this year. The pair was tailgating yesterday prior to the CFL team's home opener against the Montreal Alouettes.

Decked out with flags, banner, and a camping barbecue on top of their truck, the pair is already talking about the Grey Cup.

They have their 2010 Grey Cup tickets and are making their tailgating

plans.

"You will see me here two days before to make sure I get my spot," said Greenland.

Down the parking lot from the Greenlands, Brian Murray was enjoying

the pre-game ceremonies.

Murray expects the Stampeders to end up in the finals again.

"They didn't lose very many players and the ones they added are good quality," said Murray.

## Driver dead after hitting tow truck

**FATALITY** A fatal collision yesterday morning that left a tow truck driver with minor injuries has one organization reminding people about keeping road-side workers safe.

The 51-year-old driver of the car died after rear-ending the tow truck.

Ian Wilson, managing director for the John Petropoulos Memorial Fund, said that motorists should treat tow trucks just like emergency response vehicles.

"Once you see them pulled over and they get their lights going, give them room to work, slow down and make sure you're not putting their lives at risk," said Wilson.

Wilson said that drivers should decrease their speed to 60 km/h or move over.

The collision occurred at Sarcee Trail just after midnight. The truck was removing a broken down vehicle on the side of the road said Calgary police, who don't know whether speed or alcohol was a factor.

**AMY GREGSON/FOR METRO CALGARY**

sony style

ROCKET™ MOBILE INTERNET STICK

# TAKE THE INTERNET WITH YOU

E-mail, browse and download with plans starting at \$25/month

plus \$6.95/month System Access Fee and other fees\*

ONLY AT SONY STYLE

SAVE  
**\$50\***

When you purchase any VAO computer and ROCKET™ MOBILE INTERNET STICK. Only at participating Sony Style locations.

**\$0 STICK WITH SIGN-UP**

ON A 2-YEAR TERM WITH A MINIMUM \$25 DATA PLAN†



ONLY AT  
SONY STYLE

CANADA'S FASTEST MOBILE NETWORK  
3X FASTER THAN ANY OTHER\*

**ROGERS™**

\*± A \$6.95 monthly System Access Fee (non-government fee), a monthly 50¢ 9-1-1 Emergency Access Fee (non-government fee) and a one-time \$35 Activation Fee apply in addition to the monthly service fee. Additional airtime, long distance, roaming, options and taxes are extra and billed monthly. The monthly 9-1-1 Emergency Access Fee and any applicable 9-1-1 provincial government fees will not apply for customers subscribing to a data only plan. \*\$50 discount will be applied at the time of the combined purchase of any VAO computer and Rogers Mobile Internet Rocket Stick. Offer ends August 1, 2009, at participating Sony Style locations and is subject to change without notice. †2-yr term plan having min. \$25 monthly service fee. Early Cancellation Fees apply. ‡Speed performance claims based on comparing download speed of Rogers 3.5G HSPA network and competitors' 1xEVDO networks within Rogers HSPA coverage area. Speed may vary depending on the handset, topography and environmental conditions, network congestion and other factors. HSPA not available in all areas. See [rogers.com/fastest](http://rogers.com/fastest) for coverage details. †††Trademarks of Rogers Communications Inc., used under license. All other brand names and logos are trademarks of their respective owners. © 2009 Rogers Wireless.



# SAVING IS EASIER WITH A LITTLE HELP.

FOR EVERY \$100 YOU SAVE, WE'LL PITCH IN \$10 MORE.

**SIMPLY  
SAVE**



**With the Simply Save® program, when you use your debit card, a little money is automatically transferred into your savings account.**

- Choose the amount you want transferred (50¢–\$5.00)
- Choose the savings account

Plus, sign up by July 24, 2009 and for every \$100 you save in your first year, we'll help with a \$10 bonus – up to \$200.

Check out how your savings can grow at  
[www.tdcanadatrust.com/simply](http://www.tdcanadatrust.com/simply)  
**1-888-824-7300**



**Canada Trust**

Banking can be this comfortable

Canada may not embrace an expected proposal by French President Nicolas Sarkozy to work out a fair oil price accord at next week's G8 summit in Italy, Foreign Minister Lawrence Cannon said on Tuesday. **REUTERS**

# Canada



## Order promotion for Great One

Wayne Gretzky, arguably the greatest hockey player who ever lived, has been promoted to a Companion of the Order of Canada by Gov. Gen. Michaëlle Jean, Reuters reports. Jean announced the promotion of Gretzky, a National Hockey League hall of famer and current head coach of the NHL's Phoenix Coyotes, along with 59 other appointments to or within the Order yesterday. **METRO NEWS SERVICES**

### News in brief

**ASYLUM** Canada may reinstate a visa requirement on Czech visitors after hundreds of Roma from the Czech state sought asylum there over the past few months, the Czech Foreign Ministry said yesterday. The Roma asylum seekers say they have been discriminated against by the majority ethnic Czech population, a view supported by human rights agencies. Minister Jan Kohout said he had met Canadian Citizenship and Immigration Minister Jason Kenney on the issue.

**CLIMATE CHANGE** With only five months to go until a new global pact on climate change, none of the Group of Eight nations is doing enough to curb global warming, with Canada and the United States ranking bottom, a study said yesterday. The annual G8 scorecard singled out Canada, saying Prime Minister Stephen Harper's Conservative government had not implemented a plan.

**REUTERS**

### Ottawa Festive mood



Gov. Gen. Michaëlle Jean arrives for Canada Day celebrations on Parliament Hill in Ottawa yesterday. A recent announcement made by Prime Minister Stephen Harper said Jean will open the 2010 Olympics in Vancouver.

## Bill puts lives second: MP

Damage limit in nuclear accidents too low, says NDPer

**The Conservative government is putting the nuclear industry ahead of the lives of Canadians with a proposed law limiting damages in the event of an accident, a New Democrat MP says.**

The government wants to update the Nuclear Liability Act to increase the maximum to \$650 million in damages from the current \$75 million set in the 1970s, but the NDP's Nathan Cullen said it should be in the billions of dollars.

"The crux of it is how much you can sue for in the event of a nuclear accident," said the MP for Skeena-Bulkley Valley.

Cullen said it's difficult to have confidence in an industry that has to be afforded this kind of protection in the first place, but com-

pletely another matter to lowball the cost of human life.

"Get somewhere in the ballpark ... into the billions for sure," he said in an interview.

On March 24, 2009, the federal government re-introduced Bill C-20 into Parliament, which proposes to replace the Nuclear Liability Act with a specific civil liability regime for nuclear incidents.

The bill is before the Commons natural resources committee when Parliament resumes sitting in September and the New

**"Get somewhere in the ballpark ... into the billions for sure."**

NDP MP Nathan Cullen

Democrats are hoping to delay the bill — rag the puck, as it did last go around — so that it falls off the table if and when there is another election.

"The timing is brutal ... with the problems we are seeing at Chalk River," Cullen said, referring to the leak of radioactive water that plagued the 52-year reactor in eastern Ontario earlier this year.

In May, Atomic Energy of Canada Ltd. (AECL) announced it had found the source of the leak of radioactive water at the reactor. **TORSTAR NEWS SERVICE**

## Go Ahead. Launch Your Life!

If you're looking for a new career, this is the place for you. Learn everything you need to choose your career and programs of study, and get on your way to a life you want. Academy of Learning gives you lots of choices and flexibility. Get in the workforce quicker in less than one year. Call Today, and Start Training Right Away!

- Business Administration
- Medical Office Assistant / Unit Clerk Specialty
- Government of Alberta Health Care Aide
- Office Administration
- Computerized Payroll Accounting
- Business Office Skills
- Web Designer
- Network Administrator
- Payroll Administrator
- PC Support Specialist
- and more!



\* May not be available at all locations.  
Financial Assistance may be available to those who qualify!

**Calgary Northeast Campus**  
#260, 495-36th Street NE  
Call Today! Ph. (403) 569-8973



**Academy  
OF LEARNING**  
Career and Business College

www.academyoflearning.ab.ca

## Moving Calgarians since 1909



On the official start of CTrain service in 1981, Mayor Ralph Klein takes the helm of the first CTrain on the track.

**Calgary Transit**

calgarytransit.com

1909 - 2009





Despite renewed efforts by New York officials to keep skies around the city's airports clear of wildlife, a passenger plane was damaged after hitting a bird as it landed this week in what is a growing industry problem. The plane became one of about 7,000 planes a year in the United States to be involved in a so-called bird strike. **REUTERS**

7

# World



## Depp bad for moral health?

What do Johnny Depp, left, Garfield, Paris Hilton and roast pork have in common? In China, the answer is a new government-mandated Internet filter which rates some pictures of all four of them as bad for your moral health. Beijing has ordered all personal computers sold from yesterday to be preinstalled with Green Dam software, which is designed to block pornographic and violent images. When the software is installed, and an image scanner activated, it blocks even harmless images of a film poster for cartoon cat Garfield and one search engine close-up of Depp's face. **REUTERS**

## Honduras defies world pressure

**COUP** The Honduran interim government defied international pressure Wednesday and vowed there was "no chance at all" of ousted President Manuel Zelaya returning to office.

World leaders from U.S. President Barack Obama to Venezuelan President Hugo Chavez have told the new rulers of the Central American country to restore Zelaya, a leftist who was toppled by the army Sunday and flown to Costa Rica.

Enrique Ortez, interim foreign minister, told Reuters that Zelaya would be arrested if he came home.

The crisis in Honduras has spiraled into the worst political turmoil in Central America since the U.S. invasion of Panama in 1989. **REUTERS**

## Cause of crash a mystery

Survivor clung to wreckage; airline says Canadian aboard

**French and U.S. aircraft hunted yesterday for survivors from a plane that crashed off Comoros, while in Paris expatriates from the Indian Ocean archipelago tried to block another flight by the same airline.**

The European Commission sent a letter to the airline, Yemenia, saying its aircraft could be banned in the European Union after a Yemenia-run Airbus A310-300 went down in the Indian Ocean on Tuesday with 153 people on board.

Just one survivor — a 14-year-old Franco-Comoran girl — has been found in the sea so far, having held on to floating material.

"She clung to a piece of debris from the plane for 12 hours," French Co-operation Minister Alain Joyan-

### Human factors: Troubling trend

Human factors are emerging as a worrisome trend in global air crashes and other incidents as fatigue, complex flight systems, inconsistent training and regulation pose new challenges to airlines, a leading safety advocate said on Tuesday.

Bill Voss, president of the Flight Safety Foundation, a

det said, adding she would be flown to a Paris hospital.

"She signalled to a passing boat and it was able to pick her up. She really showed incredible physical and moral strength."

The survivor, identified as Bakari Bahia, had cuts to her face and a fractured collarbone, but was stable after being picked up on

watchdog and advocacy group, said 2009 could be the worst year in a decade for major commercial aviation accidents.

There have been 12 crashes this year through June and carriers globally are on pace to equal the 10-year high of 24 crashes in 1999, according to safety foundation figures.

Tuesday.

The airline said 75 Comorans and 65 French nationals were on board the flight, along with one Palestinian and one Canadian.

The crew comprised six Yemenis, two Moroccans, one Indonesian, one Ethiopian and a Filipina. **REUTERS**

## Hong Kong Anniversary protest



Former lawmaker Anson Chan, middle, was one of an estimated 76,000 marching to demand universal suffrage and greater democracy in Hong Kong yesterday to mark the 12th anniversary of the territory's handover to China from Britain. **REUTERS**

### News in brief

**IRAQ** Iraqi politicians from across the ethnic and sectarian divide yesterday welcomed the U.S. troop withdrawal from cities as a step towards sovereignty, even though they feared it might trigger more

violence. U.S. combat troops pulled out of Iraq's towns and cities on Tuesday into rural bases, the first step of a bilateral security pact that requires all U.S. troops to leave Iraq by 2012. **REUTERS**

# wallet-fullification

Spend way less to talk and text way more.

**Talk & Text Combo**

- Unlimited Messaging (Text and Picture)<sup>1</sup>
- Up to 100 Anytime Minutes
- 7pm Evenings & Weekends<sup>2</sup>

**\$25** Per Month<sup>3</sup>

koodomobile.com

You pay no System Access Fee.

**koodo**  
mobile™

Good call



► FUTURE SHOP



Walmart ✱

Zellers

koodo  
shop

Market Mall  
Marlborough Mall  
Southcentre Mall  
Sunridge Mall

(1) Includes international text and picture messages. Excludes premium messages. (2) Unlimited local calling from 7pm to 8am, Monday through Thursday and from 7pm Friday to 8am Monday. (3) Taxes are extra. Mobile phone not included in plan.

# Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONews.CA

## Comment

# Your cheating heart

ModernLife

Georgie Binks



Last week, South Carolina Gov. Mark Sanford admitted to an affair, the second American politician to go down, so to speak, in the past few weeks. Nevada Senator John Ensign (the first) must be relieved the public's guns are turned elsewhere momentarily.

The media asks whether either of these guys will continue in office. Me, I'm wondering why they gambled so big? Did either watch former New York governor Eliot Spitzer tap dance in front of the cameras last year as his wife endured her worst moment ever?

Noel Biderman, president

and CEO of Ashley Madison, the infidelity dating site, says the more you're going to gamble, the more you're going to gamble. "A lot of people in politics have already taken massive risks and they've paid off. They think they can continue to do it," Biderman figures the Teflon effect (nothing sticks) gives them that feeling of invincibility.

Of course, most married people shuffling through daily life have infinitely more trouble sussing out an affair with someone better looking than the spouse turning them down at home. Not like politicians, rock stars and sports figures, who seem to spend most of their waking hours avoid-

ing them. After all, do you have groupies?

Modern technology has been a boon to low-budget, would-be cheaters. All you need is a computer to locate the object of your new affection and a cellphone to hide it from your soon-to-be ex.

The little people are just as susceptible to temptation as are the big cheeses.

Biderman quotes a university study showing more than 90 per cent of men and 50 per cent of women would have an affair with a person

of their dreams (Sting?) if they wouldn't get caught or feel guilty, which brings me to my real question. What's keeping that measly 10 per cent of men faithful?

I thought pictures might tell me what the stories didn't. I was curious to find out what Sanford's girlfriend looked like (beautiful), wife (pretty), children (adorable). In fact, after seeing Sanford's kids in one family photo, I was puzzled by his compulsion to gamble with the family jewels.

With all the odds stacked in favour of Mark Sanford being a cheating man, the opportunity, the excitement and the fact that a heck of a lot of married people cheat these days, maybe he should have kept a little family photo in his chest pocket, just a little bit nearer to his heart.

Georgie Binks is a Toronto freelance writer who has written about gender and relationships for CBC.ca, Elle, Chatelaine and Homemakers; georgiebinks@rogers.com.

Mark Sanford

GETTY IMAGES

## Views

# A checkered history of Canadian feminism

FourthWave

Canice Leung



metronews.ca/fourthwave

There's plenty to celebrate on Canada Day — we're a nation of many cultures, many opinions; a vanguard for human rights — so what better time to celebrate (or rethink) what Canadians fought for in the name of feminism.

Nellie McClung, one of Canada's earliest feminists, successfully campaigned for the vote in Manitoba. Clever, articulate and quotable (she famously said, "Never retreat, never explain, never apologize — get the thing done and let them howl!"), she saw a

link between human rights and women's rights, but that belief wasn't absolute: McClung supported eugenics and believed "young, simple-minded girls" should be sterilized under a 1928 bill in Alberta.

Her peers shared her views, including fellow Famous Five Emily Murphy. Murphy, under the pen name Janey Canuck, also argued for immigration control — "black and yellow races may yet obtain the ascendancy," she wrote in Maclean's, threatening to "wrest the leadership of the world from the British."

Alongside the black spots in our history are silly ones. Singer Rita MacNeil, now more maternally than incendiary, wrote women's lib songs in the 1970s. The male-dominated RCMP deemed MacNeil and her

feminist ilk dangerous enough to spy on. While the force fretted about The Red Peril, massive social change was happening under its nose.

Celebrate the history-makers. Henry Morgentaler began performing illegal abortions in 1968, when the procedure was legal only to mothers facing health risks, and Stephen Lewis works tirelessly to improve the HIV/AIDS crisis in Africa. A new breed is making its mark, too: Lesbian and Muslim Irshad Manji writes about how to reform Islam, and Herizons and Shameless magazines shine in feminist media.

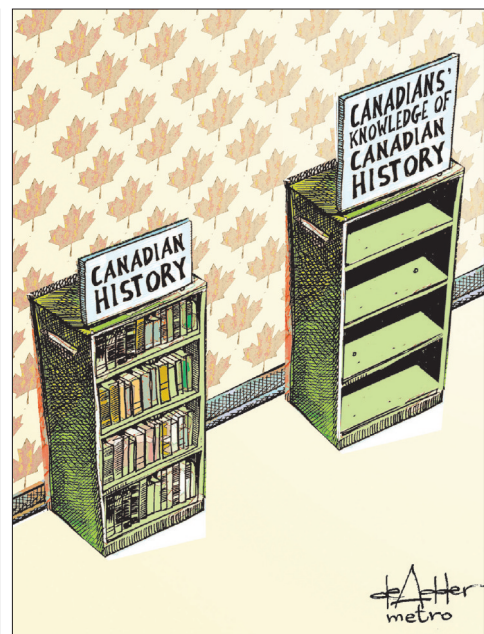
Still, there are great tragedies. It's estimated 520 native women have gone missing or been murdered since 1970. Last fall, the UN appealed to the federal government to investi-

gate why the system failed to protect these women.

Systemically, the laws still reflect inequity. Recommendations from 1967's Royal Commission on the Status of Women are still unaddressed today: Daycare, wage equality, effective family law. And new issues pose great challenges: Discrimination based on sexual orientation or race, and violence against women.

There's much to celebrate, but we must learn from our checkered history, from racist policies to missing women — because, to borrow a phrase from Nellie McClung, "No nation rises higher than its women."

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.



## Worth mentioning

# Greeks must get used to new smoking ban

Greeks were banned from smoking at work and inside bars and restaurants yesterday, but many question how the measure will work in Europe's heaviest smoking nation.

Terraces in central Athens filled up with smoking clients as tobacco is still allowed outside, and there was confusion over how the law will be ap-

plied indoors.

But Health Minister Dimitris Avramopoulos said the ban will work, contrary to past failed attempts.

"Today Greece turns the page," he told Greek media. "It's the first time that this measure will be implemented, to end the myth that we make laws that we don't respect."

Greece breaks all European records with more than 40 per cent of the population smoking and six out of 10 being exposed to smoking at work, according to a European Union poll.

Many doubt the ban can be implemented in a country where smoking is such an entrenched tradition.

Smoking-related diseases kill about 20,000 people a year in Greece, costing the country \$3.01 billion US a year, the health ministry said.

REUTERS



## Metro Online Poll Results

58% SAID YES

Should Canada Day events be moved to ensure a long weekend?

42% SAID NO

Weigh in on today's question at metronews.ca

Tell us your views by email to [calgaryletters@metronews.ca](mailto:calgaryletters@metronews.ca) or comment on [metronews.ca](http://metronews.ca) or on Twitter @metrocalgary

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.



**TTC, Bombardier sign \$1.2B streetcar deal**

The Toronto Transit Commission has signed a \$1.2-billion contract with Montreal-based Bombardier for 204 new low-floor streetcars, CBC News Online reports. **METRO NEWS SERVICES**

9

# Business

EDITOR: FERMIN.DESOUZA@METRONWS.CA

## Slow climb ahead for housing market

**The worst of Canada's housing market woes appear to be past but the sector's rebound will be tenuous as a rise in mortgage rates and high unemployment limit the recovery in prices and sales.**

Experts say first-time buyers and Bank of Canada rate cuts have helped restore stability to a market that slumped from late 2008 to early this year, when the worst leg of the financial crisis battered consumer confidence.

"We should be less fearful than we were six months ago, but I don't

### Prices up in May

• The latest Canadian Real Estate Association data shows May resale home prices rose 0.4 per cent to \$319,757, topping the previous record set a year earlier. It was the first year-over-year increase since May of last year.

think we should be exuberant yet. The resale markets in Canada are very strong. May numbers were pretty good, and June numbers will be even better," said Will Dunning, an econom-

ic consultant who specializes in the housing market. "But by July and into the fall there will be an offset of considerably slower activity."

Data suggests Canada's residential property market, which weathered the financial crisis much better than its U.S. counterpart, has been thawing for several months.

Still, no one predicts the residential property market is headed back to the heady times seen between 2002 and 2007, when prices surged and outpaced income growth. **REUTERS**

### Farming West enduring dry spell



Alberta farmer Dwayne Marshman measures the height of his wheat crop, which should be at his waist, on his farm in the Prairies near Rockyford, Alta., on Tuesday. Farmers and ranchers are struggling with slow crop growth and feeding livestock across Western Canada due to dry conditions.

## GM must sell main assets to 'New GM': U.S. official

**AUTO** The only viable option to save General Motors Corp. is a sale of its main assets to a "New GM" backed by the U.S. government, a U.S. Treasury official told a court yesterday as the automaker sought approval for the deal.

The official, Harry Wilson, also said the government would withdraw its portion of the \$33-billion financing for GM if the sale of the main assets did not

close by the government's July 10 deadline.

GM was in the second day of a bankruptcy court hearing in Manhattan in which it is asking Judge Robert Gerber to approve its asset sales.

If the deal is approved, the "New GM" would be a company that would have the best parts of the old company, a less expensive workforce and much less debt. **REUTERS**

### Business in brief

**MADOFF** A total of \$231 million has been committed to pay investors of jailed financier Bernard Madoff, the group compensating his customers said yesterday. SIPC and Irving Picard said it had accepted 543 claims for payout so far. The amount averages \$425,414 US per claim. **REUTERS**

**AIRLINE** Air Canada's largest union voted narrowly Tuesday against a tentative deal to place a moratorium on pension funding and management wages, damaging the airline's ability to weather the recession. **TORSTAR NEWS SERVICE**

## Start Saving Money Today!

### Home Phone Lines

✓ **ALL FEATURES FREE!**

- ✓ Caller ID ✓ Voicemail ✓ Call Forwarding ✓ Call Waiting
- ✓ Free Comwave to Comwave calls WORLDWIDE!

**comwave**  
Enhanced  
**\$14.95**

All Features FREE!

- ✓ Caller ID
- ✓ Voicemail
- ✓ Call Forwarding
- ✓ Call Waiting
- ✓ Keep Your Existing Phone Number
- ✓ Free Comwave to Comwave calls WORLDWIDE!



**comwave**  
**Unlimited Canada**  
**\$19.95**

**UNLIMITED**  
Calling to  
Canada



✓ All Features  
FREE

**comwave**  
**One-Rate**  
**\$29.95**

**UNLIMITED**  
Calling to  
Canada & U.S.A.



✓ All Features  
FREE



### LIMITED TIME OFFER

**MONTHS**  
**6 FREE!**

- **SATISFACTION GUARANTEED!**
- **KEEP YOUR EXISTING PHONE NUMBER!**

**403-451-5800**

**comwave**

comwave.ca

Comwave will not rate match against direct or indirect services, bundled minute plans or prepaid calling cards due to their inaccurate billing errors. Unlimited Canada plan does not include calls to the U.S., Bermuda or N.W.I. Home Phone Lines 411 or 911 has certain limitations versus traditional 911. The rate and service is based on a 3-year term, 6 months notice. You get 6 months free or 12 months upon activation of the service. Get an additional 1 month free if you transfer your existing Home Phone Line to Comwave within the first 3 months. Satisfaction Guaranteed: 90 days. If you are not 100% satisfied, you may cancel your Home Phone service no questions asked. Rates from Rogers are based on the rates advertised on www.rogers.com, May 21, 2009. Rates from Bell are based on the rates advertised on www.bell.ca, May 29, 2009. Rates from Telus are based on the rates advertised on www.telus.ca, May 26, 2009. Some up to \$37 includes Comwave's 6 months free. The option to keep your existing phone number may not be available in all areas. While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. Terms and conditions apply. See www.comwave.net for details.



The Calgary Flames were ranked 60th overall on ESPN's annual ranking of the 122 teams in the NHL, MLB, NBA and NFL. The Toronto Blue Jays were the top Canadian team on the list at No. 34. The Los Angeles Angels of Anaheim topped the list, while the Los Angeles Clippers ranked last. **METRO NEWS SERVICES**

# Sports

EDITOR: CHRIS.CLEMENTS@METRONWS.CA

## Kobe wants to be in L.A.

Kobe Bryant, left, has chosen not to terminate the final two years of his contract and will remain with the NBA champion Los Angeles Lakers. The MVP of the NBA finals had until Tuesday to become an unrestricted free agent. Bryant has spent his entire 13-year career with the team, winning four NBA championships. **METRO NEWS SERVICES**



## Hossa takes quest for Stanley Cup to Chicago

**NHL** The Chicago Blackhawks went on a free agent shopping spree yesterday, signing high-scoring winger Marian Hossa to a staggering 12-year deal that signalled they are ready to challenge for a Stanley Cup.

Just hours after the free agent signing window had opened, the Blackhawks had their wallets out, luring Hossa away from the Detroit Red Wings with a contract worth \$62.8 million US according to local media reports.

Hossa was joined in the Windy City by fellow Slovak and Red Wing teammate Tomas Kopecky, who signed a two-year deal.

"To add Marian, an elite and world-class player, and Tomas, a Stanley Cup champion, to our exciting young core reinforces our commitment to try to win the Stanley Cup," Blackhawks general manager Dale Tallon said in a statement.

Taken with the 12th overall pick by the Ottawa Senators in the 1997 draft, Hossa has 339 goals and 719 points in a career that has also included a stop in Atlanta.

The Blackhawks were not the only team eager to do business.

Just before the NHL free agent signing window opened, the Vancouver

Canucks inked Swedish twins Daniel and Henrik Sedin to identical five-year deals worth \$30.5 million according to local media reports.

The New York Rangers made a big splash of their own, inking free agent forward Marian Gaborik to a five-year contract.

TSN is reporting the deal is worth \$7.5 million yearly.

Gaborik has spent his entire seven-year career with the Wild, totalling 219 goals and 218 assists in 502 games. This past season, he played in only 17 games due to various injuries and posted 13 goals and 10 assists. **METRO NEWS SERVICES**

### Sports in brief

**COYOTES** The National Hockey League is backing a bid by sports team mogul Jerry Reinsdorf to buy the bankrupt Phoenix Coyotes for up to \$148 million rather than the \$212.5-million offer from Jim Balsillie. The NHL believes the owner of MLB's Chicago White Sox and the NBA's Chicago Bulls teams will keep the team in the Phoenix area.

**SOCCER** Brazil has ended Spain's one-year reign at the top of FIFA's rankings, rewarded for its comeback win over the United States in the Confederations Cup final. Canada, however, dropped nine spots to No. 92, sandwiched between Sudan and Iceland.

**METRO NEWS SERVICES**

## Federer advances at Wimbledon

**TENNIS** British hope Andy Murray and five-times champion Roger Federer charged headlong towards a Wimbledon final showdown yesterday while two of the game's wildest campaigners were conspiring to gatecrash the party.

The top seeds recorded emphatic victories on another sun-baked day on Centre Court, as Tommy Haas stunned fourth seed Novak Djokovic and Andy Roddick was the last man standing in a gripping four-hour gunfight with old foe Lleyton Hewitt.

Less than 48 hours after putting his mother, girlfriend, 15,000 Centre Court fans and millions of

British television viewers through the wringer with his electrifying five-set win against Stanislas Wawrinka, Murray produced a no-nonsense 7-5, 6-3, 6-2 win over Juan Carlos Ferrero.

While the authoritative exhibition gave Murray a place in the last four at Wimbledon for the first time, the sight of all-conquering Federer at the tail-end of a grand slam is taken for granted these days.

The world No. 2 reached his 21st successive major semi by dousing the fireworks of Croatian ace machine Ivo Karlovic 6-3, 7-5, 7-6. **REUTERS**



Jay Bouwmeester, left, and Flames general manager Darryl Sutter announced Bouwmeester's new five-year deal with Calgary at a press conference yesterday.

# Bouwmeester signs with Flames

LAURENCE HEINEN  
for Metro Calgary

**Before making his decision to sign with the Calgary Flames, Jay Bouwmeester talked with captain Jarome Iginla and fellow defenceman Robyn Regehr.**

"I talked to a few guys and how excited they were about the team and the things that were going on here," said Bouwmeester, who was officially introduced to the media during a press conference at the Pengrowth Saddledome yesterday afternoon.

After the Flames acquired Bouwmeester's rights last Saturday at the 2009 NHL Entry Draft in Montreal, the six-foot-four, 214-pound defenceman could have

waited until a bidding war for his services ensued on Canada Day.

Instead, Bouwmeester and his Edmonton-based agent Bryon Baltimore met with Flames GM Darryl Sutter and team president Ken King to hammer out a five-year deal worth \$33.4 million US.

"After meeting with Darryl and Ken, I just came out of there feeling comfortable with the situation," said the 25-year-old Edmonton native. "If I didn't think it was a good fit, it probably wouldn't have happened."

Sutter said that he was confident when he traded for Bouwmeester's rights that he could get a deal done before the start of yesterday's free-agent frenzy.

"It was a long process but it was fun," Sutter said. "We got the player that we wanted. We're proud to have him. I think he's maybe the best all-around defenceman in the game at both ends of the ice, with the puck and without the puck."

Today, Hockey Canada will release its men's sum-

### Sjostrom

• The Calgary Flames signed forward Fredrik Sjostrom, the club announced yesterday. Terms of the deal were not disclosed. The six-foot-one, 217-pound right winger has recorded 41 goals and 47 assists in 358 career NHL games over five seasons with the Coyotes and Rangers.

mer orientation camp roster and Bouwmeester along with Regehr, Dion Phaneuf and Iginla should all get the call.

"I think they're all very good candidates," Sutter said.

The Flames also announced the signing of another 25-year-old defenceman yesterday as Adam Pardy will return to Calgary this fall for his sophomore season.

Meanwhile, forward Michael Cammalleri signed a five-year, \$30 million US deal with the Montreal Canadiens after tallying a career-high 39 goals during his lone season with the Flames.

**Come. Play. Enjoy.**  
**Grey Eagle Casino & Bingo**

**"TWO" More  
AFTERNOON BINGO EVENTS  
EFFECTIVE JULY 17, 2009**

**Starting Friday, July 17, 2009 - Grey Eagle Bingo will now offer  
THREE AFTERNOON EVENTS  
Every Friday, Saturday & Sunday**

**Come Play our Afternoon "BINGO OLYMPICS"  
Friday July 17th and Saturday July 18th  
Door Prizes, Giveaways, Sales 11:30 am, Nickels 12:15 pm**

See In-Hall for "FULL NEW PROGRAM" DETAILS or visit [www.greyeaglecasino.ca/bingo](http://www.greyeaglecasino.ca/bingo)

**Mon-Sun Evenings: Sales 5:00pm, Nickels 6:15pm  
Mon-Sat Late Nights: Sales 9:00pm, Games Begin: 10:15pm  
Fri-Sun Afternoons: Sales 11:30am, Nickels: 12:15pm**

**3777 Grey Eagle Drive SW  
Info Line: 403-240-4090**

**www.greyeaglecasino.ca/bingo  
Progressive Pots: [www.bingoconnection.ca](http://www.bingoconnection.ca)**

**ACCESS  
LEGAL  
RESEARCH INC.**

- CRIMINAL PARDON /U.S. WAIVER
- 24 HR CRIMINAL RECORD CHECK
- FINGERPRINTING
- LOW COST NO FAULT DIVORCE
- SMALL CLAIMS COURT TO 25K

**CALL  
403-228-2469**

SCOREBOARD		
MLB	NATIONAL LEAGUE	Houston at San Diego N
AMERICAN LEAGUE	YESTERDAY	CFL
YESTERDAY	Atlanta 11 Philadelphia 1	YESTERDAY
Toronto 5 Tampa Bay 0	Chicago Cubs 4 Pittsburgh 1	Toronto 30 Hamilton 17
Boston 6 Baltimore 5 (11 infs)	Cincinnati 3 Arizona 0	Montreal at Calgary N
Chicago White Sox 6 Cleveland 2	Florida 5 Washington 3	TODAY
Minnesota 5 Kansas City 1	L.A. Dodgers 1 Colorado 0	Winnipeg at Edmonton
N.Y. Yankees 4 Seattle 2	N.Y. Mets 1 Milwaukee 0	TOMORROW
Oakland 5 Detroit 1	St. Louis 2 San Francisco 1 (10 infs)	B.C. at Saskatchewan
Texas 9 L.A. Angels 7		



**Timberlake clothing line**

"I don't really think of myself as ... an entertainer more than a designer. The collection is an extension of what I do as an artist."  
— Justin Timberlake on his clothing line, William Rast, in an interview with British Vogue. KENYA HUNT/METRO WORLD NEWS

**11**

# Style



## Off the cuff

The suit got an update for spring during the Paris men's spring 2010 runway shows with cuffed trousers popping up at Hermes, Lanvin and Comme des Garçons among others. The silhouettes were relaxed, and sometimes slouchy, with the cuffs reaching as high as the calf. Maybe that means spring will be all about the socks too?

KENYA HUNT/METRO WORLD NEWS

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

# The emperor's clothes

Michael Jackson's wardrobe revealed a side of himself overshadowed by the plastic surgery

KENYA HUNT  
Metro World News

**It's interesting to see how Michael Jackson's death has resonated around the world.**

From Boston, to Stockholm to Lisbon, newspapers have featured four, six and eight page spreads devoted to his life and legacy. Most of them focus on his ever-changing face, with think pieces examining how his plastic surgery reflected inner conflict about his race and sexuality. But his constantly evolving wardrobe is perhaps just as indicative of who the notoriously enigmatic singer was.

In a recent interview with the AOL blog Stylelist, Phillip Bloch, who dressed Michael Jackson for an Ebony magazine cover shoot (which turned out to be his last photo shoot ever) noted that Jackson was not very knowledgeable of the

high fashion world. He asked Bloch if the famous British designer Paul Smith was American, and if the legendary Japanese designer Yohji Yamamoto was Italian.

The fact that Jackson wasn't looped into the high fashion world says even more about his trend setting as an artist. Whereas his face may have reflected an uncertainty about his racial and sexual identity, his distinct sartorial trademarks (the white glove, glittery socks, bow tie and red leather jacket for instance), which began to emerge very early on in his career, displayed a certainty of self as a performer.

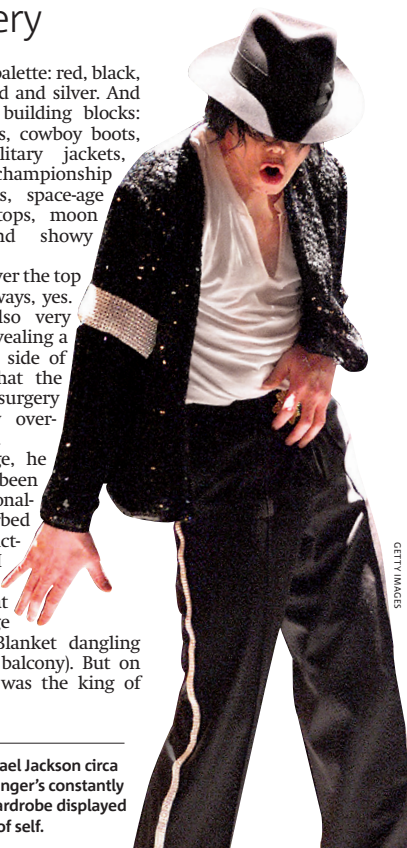
And rather than constantly re-invent his wardrobe, the way he did with his face, he instead stuck with a formula and perfected it, adding on bombastic pieces that mirrored his growing superstardom. There was

the color palette: red, black, white, gold and silver. And then the building blocks: the loafers, cowboy boots, regal military jackets, boxing championship style belts, space-age metallic tops, moon boots and showy suits.

It was over the top in many ways, yes. It was also very telling, revealing a self-loving side of himself that the plastic surgery eventually overshadowed.

Off stage, he may have been an emotionally disturbed and conflicted man (I still cringe at the footage of baby Blanket dangling over that balcony). But on stage, he was the king of pop.

**Right: Michael Jackson circa 2001. The singer's constantly evolving wardrobe displayed a certainty of self.**



## The fashion timeline

A look at Michael Jackson's sartorial milestones:

- Late 1970s - Jackson establishes his white sock/black shoe combo during his final stage with the Jackson Five.
- 1979 - Jackson reveals a new 'do and a penchant for bow ties and sequins.
- 1983 - The singer's red leather, zippered jacket becomes the it item of the '80s, sparking knockoffs the world over and becoming a symbol of the new MTV generation.
- 1983 - Jackson switches it up to the military jacket at a press conference for Jackson's Victory tour.
- 1984 - The style royalty references become more literal for a visit to the White House.
- 1988 - Jackson rocks a boxing championship style belt that reflects his winning sales on his Bad tour.
- 1996 - The face mask and extravagant-looking space age boots become a part of MJ's look.
- 2001 - Revisiting his iconic look during his 30th anniversary show.
- 2007 - In the years following his controversial child molestation case, Jackson tones it down in pared down monochromatic jackets and trousers.
- 2009 - The embellished jacket returns for the press conference publicizing his comeback tour. Jackson also makes headlines for inspiring the highly coveted jackets in the fall and spring '09 Balmain collections.



Circa 1979



Circa 1983



Circa 1984

KENYA HUNT/METRO WORLD NEWS

## Summer of colour

**Men have always had an uneasy relationship with colour.**

As the stereotypes go, men who stay within the lines of black, grey, navy and white are somehow more solid and trustworthy and macho than their colourfully attired brothers. Somewhere along the way, men became accustomed to living without colour and never developed skill at the play.

For decades, menswear has planted its flag in a barren desert of hues - bland, beige and monotone.

So it was greeted with some surprise when designers, in their collections for this summer, went wild with bright saturated colours.

The retail colour revolution has started slowly and

rather inconspicuously. In the most staid of department stores, next to the utilitarian white Jockeys and black McGregors, are graphically patterned and wildly hued underwear and socks.

The colour wheel is spinning in other subtle ways, as well. The simple polo shirt, a summer basic for the average Joe, comes in a wide array of shades at the Gap this summer.

And savvy retailers are zeroing in on the most likely customer: the young.

Men's accessories such as tote bags, sneakers and hats make for easy targets, the theory being that bright colour is more palatable in small doses.

Shoe stores, such as Little Burgundy, sell sneakers



Sneaker, \$50, Little Burgundy.



Nylon tote, \$74, Banana Republic.

Straw fedora, \$60, Lacoste.



Lacoste sunglasses, \$69.5.



in bright Crayola hues.

The windows at American Apparel showcase men's skinny neon-coloured jeans, and H&M offers colourful men's accessories as well as pink, purple and yellow walking shorts.

TORSTAR NEWS SERVICE



Left: Studded belt, \$22.90, H&amp;M. Above: Colour-blocked shirt, \$98, Lacoste.

Kiosk Now Open in Southcentre Mall, Upper Level

FREE SAMPLES

enigma  
soap & bath

Fragrant Soap Bars • Bath Salts • Liquid Soap  
Locally handcrafted, vegan & kid friendly • 403-680-2796

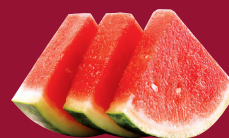


1. The first recorded watermelon harvest occurred nearly 5,000 years ago in Egypt. 2. Over 1,200 varieties of watermelons are grown worldwide in 96 countries. 3. Watermelon is 92 per cent water. [WATERMELON.ORG](http://WATERMELON.ORG)

# Food

This meal is perfect for a summer night by the barbecue with guests or family, celebrating the return of warm nights for the season.

20MINUTESUPPERCLUB.COM



## Complement

The fresh cool flavours of watermelon and tomato make the side salad a perfect complement to the flank steak.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

# 3 dishes, one summer meal

Garlic shrimp, grilled steak and a berrylicious crumble

Designed as the online destination for food, the new 20 Minute Supper Club website provides a comprehensive recipe archive, a network for members to share their own favourite recipes as well as create personal profiles, chat about food, and find-and-follow those with similar food interests (think Facebook meets Twitter). Who doesn't need some quick, delicious and healthy recipes — for free? Create your profile at [20minutesupperclub.com](http://20minutesupperclub.com) and try it out.

This week's full meal includes savory Shrimp in Garlic to start, followed by

Grilled Flank Steak with Tomato and Watermelon Salad, and finished with berry-bursting Bumbleberry Crumble.

### Shrimp in Garlic

SERVES 6-8

PREP TIME: 15 MINUTES

COOKING TIME: 10 MINUTES

### INGREDIENTS:

- 6 tablespoons extra-virgin olive oil
- 1/4 teaspoon red pepper flakes
- 10 Clove garlic, very thinly sliced
- 16 shrimp (26-30 count), peeled and deveined
- 2 teaspoon salt, divided use
- 1/8 teaspoon freshly ground black pepper,



Don't forget to flip to the next page for the remaining recipes.

divided use

- 1/2 cup white wine or lemon juice
- 1/4 cup roughly chopped Italian parsley



CARLO MENDOZA PHOTOS

### METHOD:

1. In a pot over medium-high, heat oil. Sauté pepper flakes and garlic for a

minute, then add shrimp and sauté for another 1 to 2 minutes. Add 1 teaspoon salt and a pinch pepper. Remove shrimp using a slotted spoon when just cooked through and pink. Remove garlic just as it starts to brown and set aside.

2. Add wine to pot (keeping heat at medium-high), and reduce by three-quarters, shaking pan frequently to emulsify sauce, 4 to 5 minutes.

3. Season with remaining salt and pepper and add parsley. Place shrimp on a platter and drizzle with sauce and garlic.

Read more on [page 13](#)

## On the web



### Global Peasant blog:

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog. Visit [metronews.ca/globalpeasant](http://metronews.ca/globalpeasant) for this inventive pizza.

### Liquid Assets column:

- Peter Rockwell wades through Vin-Expo in France: A liquid Lolla-palooza that is arguably the world's largest wine tasting event. Visit [metronews.ca/liquidassets](http://metronews.ca/liquidassets) to see what he brings back.



## JUGO JUICE

sorry sorbet,  
this cup is full.  
(of fruit).

5+ SERVINGS OF FRUIT  
& NO SORBET FILLERS

THE SMOOTHIE. EVOLVED.  
[jugojuice.com/better](http://jugojuice.com/better)

{Please don't lick the ad.}





**Winner in the Private Label category**

Metro Inc.'s new line of Irresistibles Sorbets — available in mango, raspberry and lemon — has been selected as the winner of the first prize in the Private Label category at the Canadian Grand Prix New Product Awards. The competition is organized by the Canadian Council of Grocery Distributors (CCGD). **METRO NEWS SERVICES**

&gt;&gt; Continued from page 12

**Grilled Flank Steak with Tomato and Watermelon Salad**

SERVES 4

PREP TIME: 15 MINUTES

COOKING TIME: 10 MINUTES

**INGREDIENTS:**

- 2 lb flank steak, about 1-inch thick
- 3 tablespoons olive oil
- 1 tablespoon rice vinegar
- 1 teaspoon fresh red chili, seeded, thinly sliced
- 1/2 teaspoon sugar
- 3 medium tomatoes in assorted colours, cut into 1-inch dice
- 2 cups 1-inch diced seedless watermelon
- 1 tablespoon chopped basil
- 2 teaspoons chopped chives

**METHOD:**

1. Preheat grill to medium-high.

2. Rub steak with 1 tablespoon olive oil and season generously with salt and freshly ground black pepper. Cook on grill, turning once, about 5 minutes per side for medium-rare. Remove from heat and rest on cutting board loosely covered with foil for 10 minutes.

3. Meanwhile, combine remaining 2 tablespoons olive oil, rice vinegar, chili and sugar in a small bowl and whisk to blend. Season with salt and pepper and set aside. In a large bowl, combine tomatoes, watermelon and herbs. Just prior to serving, toss tomato mixture with reserved vinaigrette.



4. To serve, slice steak against the grain into 1/8-inch-thick strips and divide equally among 4 plates. Serve with watermelon salad.

• Chef Notes: If you don't have access to an outdoor grill, flank steak can be cooked under a broiler or stovetop in a cast iron grill pan.

**Bumbleberry Crumble**

SERVES 8

PREP TIME: 5 MINUTES

COOKING TIME: 40 MINUTES

**INGREDIENTS:**

- 1-1/2 cups rolled oats
- 1 cup all-purpose flour
- 1/2 cup oat bran
- 1 cup demerara or dark brown sugar
- 1 cup canola oil
- 2 cups each raspberries, blueberries and blackberries

**METHOD:**

1. Preheat oven to 350 F. In a large bowl, mix dry ingredients with a fork. Pour in oil and continue mixing until ingredients clump together.

2. Place berries in a shallow, oven-proof 8-cup dish, cover with crumble and bake 40 minutes, or until top is golden.



# Wok Box needs work

**LunchRush**

**Carla Ciccone**

metronews.ca/lunchrush

**Wok Box**  
736 17th Avenue SW  
403-457-5400

**Hours of operation:** Mon - Wed, 11 a.m. - 10 p.m.,  
Thurs - Sat 11 a.m. - late.,  
Sun 11 a.m. - 8 p.m.

**Rating:** ⓈⓈⓈ**Price range:** \$**Reservations:** Yes**Client negotiations:** No**Lunch w/co-workers:** Yes**Social Lunch:** No**Quick solo lunch:** Yes**Time in:** 2:00 p.m.**Ordered:** 2:10 p.m.**Food arrived:** 2:20 p.m.**Time out:** 2:40 p.m.**Total time:** 40 minutes**Low \$:** Egg Roll, \$1.50**High \$:** Asian Feast,

\$39.99

**Lunch menu:** Same menu, daily lunch sets  
**Licensed:** Yes

I'm bored of eating out in Calgary — mainly because I am consistently underwhelmed by the mediocrity of restaurants in this city. As our city grows, shouldn't our selection of good eateries grow with it? Not yet, apparently.

On Sunday, a couple friends and I tried Wok Box on 17th Avenue, which is an inexpensive, "fast-food" type take on Asian-style food. Nearly everything they offer on their menu is cooked in a wok.

The menu posted behind the counter at Wok Box had those of us in line asking each other how to order, or as one fellow put it: "What's up with the menu here?" They would do well to explain it more clearly. The jist of it is, you order a



Black bean dish, \$6.95, at Wok Box.

type of sauce for your stir fry, and from there pick your meat and noodle type. It sounds simple, but somehow it's confusing for first-timers.

I was feeling unadventurous, and despite the very friendly staffer's suggestions to try the Mongolian stir-fry lunch box, I went with black bean (\$6.49). It was OK at best — but for a dish that is listed as having broccoli and other veggies, it was seriously malnourished. I think I counted a vegetable total of three carrot slices, three

snow peas and one water chestnut.

The ginger beef (\$9.99) we shared was pretty good — but was drowning in sauce and not very fresh. My friend Sara seemed to enjoy her Kung Pao stir-fry.

All in all, Wok Box is a cool concept and a welcome addition to the 17th Avenue dining landscape. I do, however, think their food quality could be a bit better. Maybe I should just avoid the black bean and dive into more adventurous culinary options next time.

**FULLY LOADED BOWLED MEAL CONTEST**

LOOK IN TOMORROW'S METRO FOR 1 OF THE 4 KFC WORDS

**BIG CRUNCH** **CRISPY CHICKEN** **TRADITIONAL SALAD** **FRIES**

\*Reg. TM/©Yum! Restaurants International (Canada) LP; Used under license.

**IT BEGINS WITH BONJOUR**

Summer Intensive Classes

**LEARN FRENCH & MORE** **af** Alliance Française of Calgary

www.afcalgary.ca • (403) 245 5662

**WELCOME**  
to Calgary's Best-Kept Secret

OVER 60 STORES, RESTAURANTS AND SERVICES NOW OPEN

**Running Room** **PREGO** **JOEYS** **eau.claire**

**\$2 PARKING** EVENINGS & WEEKENDS SURFACE LOT & UNDERGROUND

dine • shop • play





Mark McEwan's new line of cookware features a full line of tri-ply pots and pans made from professional quality stainless steel construction and suitable for any cooking surface. They are available at Sears and McEwan across Canada. **METRO NEWS SERVICES**

Full line of pots and pans

# Metro Homes

## McEwan releases cookware

Renowned chef, TV personality, Toronto Restaurateur and gourmet grocer Mark McEwan has released his first line of professional cookware. Priced between \$14.99 and \$699.99, you can check them out at Sears stores across Canada.



EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONews.CA

# Cool tips to avoid undie lounging

Are you lounging around in your underwear to keep cool instead of turning on the

air conditioning full-blast? Well, you can pat yourself on the back because you're doing the right thing, from an environmental point of

view anyway. (I'm not sure about the unsuspecting people who may knock at your door, but it's worth it when you're saving the planet, right?)

Well, even if you're not into walking around in your undies, there are fortunately lots of other ways you can keep yourself and your house naturally cool with minimal need for the AC.

When it gets hot outside, keeping cool requires two things. One is that you keep the external heat outside, and two is that you refrain from creating internal heat as much as possible.

If it's going to be a scorcher, keep the sun from shining into your house and heating it up. Keep your windows and curtains closed on the sunny side of the house, and consider keeping all windows shut if the outside air is hotter than the inside air. White window shades or drape liners and blinds reflect heat the best. Once the sun has sunk below the horizon in the evening, you may open windows to allow in cooler air, especially if there's a lovely breeze.

On hot days, a ceiling fan (which has minimal energy needs) should be set so that it blows air down. It doesn't actually make the air cooler, of course, but moving air can make you feel much cooler and more comfortable. A portable fan works in the same way.

Window fans can actually cool down the temperature inside, if used properly. They can be used to create an air flow. For example,



With its minimal energy needs, a ceiling fan is perfect for keeping cool this summer.

you can pull in cool evening air and open an opposite window to push out the heated air that may have accumulated in your home.

An attic fan that blows heated attic air outside is also a great idea because it can create an air flow through the house, pulling up cooler basement air. Investing in increased attic insulation (up to 12 inches) can also make a difference.

Inside the house, keep it cool by managing your time so heat-producing activities occur at night. For example, don't wash clothes until later in the evening and consider drying them on a clothes rack or line outside, if possible. Use cold water wash whenever possible. Wash dishes in the evening, and turn off the heat drying cycle on the dishwasher. If you have a fan installed, use

it to suck away hot damp air in places where it is generated, like showers, or laundry rooms.

Cooking, particularly in the oven, will heat up your home fast. Use a microwave, or barbecue outside, use a slow-cooker plugged into an outlet in the garage, or eat a salad meal. If you use your stove or burners, turn on the fan so the heat is whisked outside. Put electronic devices like TVs and computers on a power switch and turn them off when they're not in use so they're not producing heat all day. And as my dad used to say, turn the lights off if they are not needed. Use fluorescent light whenever possible, since incandescents produce heat, besides being inefficient energy users.

Of course, there is nothing

## HomeScape

Sylvia Putz

metronews.ca/homescape

ing better than long-term good planning, and if you can stick around for the long-term, do invest in planting big shady deciduous trees on southern and western exposures.

Minimize hard concrete or stone surfaces around your house in favour of plantings, since stone and concrete retains heat and reflects it back at you in the evening.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show *Arresting Design*; sputz@arrestingdesign.com.

## Apartment Finder

To advertise contact Warren Smith at 403-539-4948

## realstar management

RENT NOW AND CHOOSE YOUR \$300 INCENTIVE!

### CALGARY PLACE APTS.

609 8TH STREET  
1 & 2 bdrm suites, Gym, games room, 1 block to LRT, Utilities included, Close to all amenities & On site management

1-877-570-7025

www.calgaryplace.com

### ROYAL VIEW APTS.

1320 16TH AVE. SW  
Live in the Trendy Beltline, 1 & 2 bdrm suites, Gym, sundeck, 1 block to 17th Ave., Utilities included & On site management

1-877-572-1835

www.royalviewapts.com

### GLENMORE HEIGHTS

620 67TH AVE. SW  
1 & 2 bdrm suites, Gym, social room w/ full kitchen & library area, 1 blk to Chinook Center, Utilities included & On site management

1-877-617-9803

glenmoreheights.com

### GLENMORE GARDENS

2105 90TH AVE SW  
1 & 2 bdrm suites & T/H social room w/ full kitchen & sitting area, Indoor pool & sauna, Close to all amenities & On site management

1-877-584-2285

glenmoregardens.com

## Effective and cost effective.

To advertise in Metro's Apartment Finder, call Warren today! 403-539-4948



## Service Directory

To advertise contact Blaine Schlechter at 403-444-0136

### PSYCHIC

## Mystic Eye Spiritual Readings

47 YEARS EXPERIENCE  
100% Guaranteed Results

• Palm • Tarot • Crystal Ball • Energy Readings •  
PH: (403) 228-2258

By Appointment Only

Solve all Problems of Life



## THE GREAT OF THE GREAT MEDIUM & SPIRITUAL HEALERS HERITED TO GENERATION RENOWNED INTERNATIONAL



Are you searching for solutions to your problems? It's never too late to find answer. Madia has 26 years experience as a spiritual healer reuniting loved ones, maintaining harmony in couples, preventing separation, improving business success, protecting against negativity and evil spells. 100% results Guaranteed in 48 hours.

100% RESULTS GUARANTEED IN 48 HOURS  
CALL MADIA AT 403-475-2589 OR 403-305-2129

### FINANCIAL

## \$500\$ loan service

by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.

Call toll free:

1-877-776-1660

## TAKE A VIDEO BREAK

Visit metronews.ca to watch metrotube of the day

The video everyone's talking about.

# Springing into the garden can be a stretch

**WELLNESS** After a long winter we're often eager to switch our bags of salt for bags of soil. We just can't wait to get out into the garden and begin digging, raking, lifting, and planting. However, without the right preparation you could end up with stiff, sore joints and muscles, back pain or injuries. Don't let your enthusiasm put an early end to your gardening season. Here are a few stretching tips that will allow you to safely enjoy the fruits of your labour.

Warm-up with a short



Stretch before you hit the garden, or you may have some back aches.

walk, then gently repeat each of the following stretches five times. Hold all stretches for 15 to 20 seconds. Stop if it is painful.

**Thigh Stretch:** With one hand on the wall or a tree,

bend your left knee then reach back and hold your ankle with your right hand. Pull your heel toward your buttocks and hold. Relax and repeat with the other leg.

**Back Stretch:** Sit on a chair

and slowly bend your body forward from your hips, putting your head down and resting your hands on the floor. Hold, then relax.

**Shoulder Rolls:** With your arms hanging loosely at your sides, slowly rotate your shoulders in a circular motion forward, then backward.

**Wrist Flexion:** Hold one arm straight out as if you were giving a "stop" signal, use your opposite hand to hold this position. Hold. Repeat with the other hand.

NEWS CANADA






# BE SMART. SAVE TWICE.



## INTRODUCING THE HSBC SMART SAVERS MORTGAGE™



The **NEW** HSBC Smart Savers Mortgage lets your **savings** shrink the interest on your mortgage. Your savings save you money and you could be mortgage-free sooner.

The difference can be dramatic:  
**you could cut your mortgage interest in half!**  
With 50% of your mortgage balance in deposits linked to the mortgage\*, based on today's rate of 3.00% APR\*\* for a 5 year variable closed term, you could enjoy **1.50% APR\*\* for the mortgage term.**

Visit your local branch or **HSBC.ca/smart** to learn how HSBC smart mortgage thinking can work for you.

HSBC 

The world's local bank

Issued by HSBC Bank Canada

™HSBC Smart Savers Mortgage is a trademark of HSBC Holdings plc, used under license by HSBC Bank Canada.

Terms and conditions apply. Interest rates are expressed on a per annum basis and are subject to change without notice. These offers are valid for Personal customers only. For full details on terms and conditions, and to confirm the most recent rates, visit your local HSBC branch or [hsbc.ca/smart](http://hsbc.ca/smart) \*Up to 8 deposit accounts can be linked to your HSBC Smart Savers Mortgage. The maximum Average Deposit Balance that will be applied against your Mortgage Balance each month to calculate your interest rate for the following month is the equivalent of 50% of your outstanding Mortgage Balance. \*\* APR (Annual Percentage Rate) calculation assumes no fees will be charged. 3.00% APR (Prime + 0.75%) is based on HSBC's Prime Rate of 2.25% posted on April 22, 2009. Actual rate will vary depending on fluctuations in HSBC's Prime Rate.

Roger Friedman, the columnist who got fired by FOX News this year after he reviewed a bootlegged copy of the Wolverine, has hit back with a \$5 million US lawsuit. Friedman claims he was illegally canned and that the copy he obtained came from News Corp., honcho Rupert Murdoch. **POPEATER.COM**

**Columnist sues FOX**

# Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA



## Club member

Hugh Jackman may have hosted the Oscars, but he really wasn't a member of the club. This week, the Academy of Motion Picture Arts and invited him to join the honorary body. **PEOPLE.COM**

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

# Wilco (The Album) takes it easy

Alt-rockers get help from Feist, while Moby and Rob Thomas also release new music

## Wilco

**Album:** Wilco (The Album)

**Label:** Nonesuch/Warner

**Rating:** ●●●●●

### OR BETTER

**YET**, let's just call this Wilco. Can Take It Easy Now. In fact, album number seven offers all the best moments of this Chicago alt-rock outfit's career: A bit of country flavouring here, some tension-laden experimental rock there. Add to that some fresh inspiration via a lovely duet with Canuck songstress Feist, the dry-witted self-referen-



Wilco (The Album) offers all the best moments from the Chicago group's career.

tial title song and subtle melodic nods to the Traveling Wilburys and Big Star.

All make for a fun and worthy listen, but you're left with the feeling that much

of this territory has been covered before — and in better doses.

Ian Nathanson/for Metro Canada

which has produced one of the more exciting albums of the year so far. On the band's fourth full-length singer Spencer Krug deals in the epic, creating soaring soundscapes, loud blasts of fuzz, wild noises and heavy, beating drums. This is a vast improvement over 2007's Random Spirit Lover and yet another reason why no one's missing Wolf Parade.

Bryan Borzykowski/for Metro Canada

## Rob Thomas

**Album:** Cradlesong

**Label:** Atlantic/Warner

**Rating:** ●●●●

**SAY WHAT YOU** will about Rob Thomas, but the guy knows how to cater to his audience. The former Matchbox 20 frontman will never write the next great American song, but he will sell copious amounts of records playing middle-of-the-road, radio friendly pop to 30-something suburban guys and gals who haven't bothered to listen to new music since they were 23. And for the demographic Thomas' new disc is fantastic. It's all



## MusicReviews

music@metronews.ca

light and inoffensive, easy to sing along with, and exactly what his fans are looking for.

Bryan Borzykowski/for Metro Canada

## Moby

**Album:** Wait for Me

**Label:** Warner/Asylum

**Rating:** ●●●●●

**IT'S BEEN A** decade since Moby released his smash dance club hit Play, but his latest might be the New York-based artist's most intriguing album. There's nary a party beat here — it's all haunting, introspective atmospherics that would be better suited to a frightening film than a club. There is some singing, but Moby's left that to his friends. Wait for Me isn't for everyone, its airy bent could be hard to enjoy but when it comes down to it, Moby is challenging himself again.

Bryan Borzykowski/for Metro Canada

Listen to this week's reviewed music at [metronews.ca/music](http://metronews.ca/music)

**AVAILABLE NOW**  
Kenny Chesney's Greatest Hits II

# ENTER TO WIN

A meet & greet and two tickets to Kenny Chesney, performance at the Stampede, July 10, 2009

**Grand Prize**  
Two tickets to the concert, a meet & greet opportunity and a copy of his latest CD - Greatest Hits II

**Runners Up**  
Five lucky Metro readers will receive a copy of his latest CD - Greatest Hits II

Enter online at [metronews.ca](http://metronews.ca) and select the contest link.  
Contest closes at midnight on July 2, 2009.

Winner and guest must accept the prize as awarded and be able to attend the concert on July 10. Winners will be contacted by telephone or email. Odds of winning depend on number of eligible entries. No purchase necessary. Full rules and regulations available by visiting [www.metronews.ca](http://www.metronews.ca) or from the Metro office during regular business hours.

## Sunset Rubdown

**Album:** Dragonslayer

**Label:** Jagjaguwar/Sonic Unyon

**Rating:** ●●●●●

**BESIDES BROKEN SOCIAL** Scene there isn't another band that's produced such great offshoots than Wolf Parade. It's members are also in Handsome Furs, Frog Eyes and Sunset Rubdown, the latter



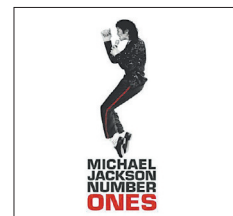
# Jackson shatters chart records

**As expected, Michael Jackson is once again the King of the Pop charts.**

Based on preliminary sales numbers from Nielsen SoundScan, the top nine positions on Billboard's Top Pop Catalog Albums chart will house Jackson-related titles when the tally is released. Nielsen SoundScan's sales tracking week ended at the close of business Sunday night.

Jackson himself — who died June 25 of cardiac arrest at age 50 — has a record eight out of the top 10, and a Jackson 5 compilation also finds its way into the upper tier.

Number Ones will fittingly lead the pack at No. 1 with sales of 108,000 (an increase of 2,340 percent) while The Essential



Michael Jackson's Number Ones is set to claim the No. 1 spot on the Billboard pop chart.

Michael Jackson and Thriller are in the second and third slots with 102,000 and 101,000, respectively.

Last week Number Ones was the only Jackson title on the chart, at No. 20 with 4,000 copies; both Essential and Thriller re-enter the tally this week.

Additionally, his classic

1979 studio set Off the Wall re-enters at No. 4 with 33,000 while his 1987 album Bad returns at No. 6 with 17,000. At No. 5, the Jackson 5's The Ultimate Collection debuts with 18,000. Jackson's fourth studio album for Epic Records, 1991's Dangerous, re-enters at No. 7 with 14,000, and his 2001 compilation, Greatest Hits: HISTORY — Volume 1, returns to the list at No. 8 with 12,000. Finally, Jackson's 2004 box set, The Ultimate Collection, charts its first week on the Pop Catalog chart, arriving at No. 9 with 11,000.

The lone non-Jackson-related set in the top 10 is a reissue of the Woodstock movie soundtrack, which bows at No. 10 with 8,000.

REUTERS



## Knight on Broadway

No sooner does T.R. Knight strip off his Grey's Anatomy scrubs than the former George O'Malley has landed his next gig — on Broadway. The actor is set to star in a revival of the farce, Lend Me a Tenor, reports Variety. [PEOPLE.COM](http://PEOPLE.COM)



# Will cuts off ex-wife

## Mom, Ross named guardians of Jackson's kids

**Details of Michael Jackson's will began to emerge yesterday with all of his multimillion-dollar estate being placed in a family trust.**

The will, signed in 2002, estimates his estate at that time to be worth in excess of \$500 million and was filed with a Los Angeles Court. In it, Jackson leaves his entire estate to the Michael Jackson Family Trust, which ultimately benefits his three children, mother and unnamed charities.

Jackson's 79-year-old mother, Katherine Jackson, is nominated to be guardian of Jackson's children Prince Michael I, 12, Paris Michael Katherine, 11 and Prince Michael II, 7, and if she should be unwilling and unable to be guardian, Jackson nominated his friend, pop star Diana Ross, to be the children's guardian.

The five-page document said "I have intentionally omitted to provide for my



Michael Jackson fans stand outside Neverland Ranch in Los Olivos, Calif., as workers prepare the property for a public viewing.

former wife, Deborah Rowe Jackson."

The will names Los Angeles-based attorney John Branca, a long-time Jackson counsel, and music industry executives John McClain and accountant Barry Siegel as co-executors, but Siegel resigned as a co-executor in 2003, leaving the

administration of the will to Branca and McClain.

Jackson's will has been the subject of much speculation since the pop star died last Thursday, age 50, after suffering cardiac arrest at his rented Los Angeles home.

The pop star whose 1982 record Thriller is the best-

### Funeral plans

• The Los Angeles Times reported that Jackson's body will not be buried at his Neverland Ranch in Central California due to legal regulations about private residence burials. The Times said plans for a memorial service may be shifted to Los Angeles' huge Staples Center arena, but that could not immediately be confirmed.

selling album of all time left behind an estate that includes part ownership in a Beatles music catalog and his own music company that held rights to some of his music.

He was said to be as much as \$500 million in debt when he died, but his assets have been reported to be worth as much as \$1 billion. That value could rise over time if his popularity in death grows, as with other entertainers like Elvis Presley. **REUTERS**

## N.Y. behind model's exit

**BRIAN COULTON**  
for Metro Canada



While running through the rainy streets of world fashion capital New York City, Heather Delaney realized she wasn't in Toronto anymore. This was the big league.

"I know that in New York specifically you need to be tiny for the job," said the Ottawa-based Canada's Next Top Model contestant, 20.

"I think I was a little hesitant already when I was heading to New York feeling that way ... I was nervous."

Predisposition proved counterproductive for Delaney. Failing to impress

New York designers when the five remaining women were whisked southbound for consultations called "go-sees" on Tuesday's episode, the hopeful was sent home.

But Winnipeg's Meghan DeWarrang-Waller felt right at home in New York, winning the go-see challenge, with Edmonton's Lindsay Willier trailing closely.

Their competition was limited, however, when Maryam Massoumi from North Vancouver, B.C. was forced to remain in Toronto for not having a passport.

It was the second time during the series Massoumi couldn't participate due to the setback.

### A World in Crises? Get the Whole Story

Consider the Bible this Sunday  
at Good News Bible Chapel

MEETING AT: 739-20th Ave NW Calgary, AB — 403.619.2816

Bible Hour and Sunday School  
11:15 am - 12:15 pm

No Collection Will Be Taken

[www.goodnewsbiblechapel.org](http://www.goodnewsbiblechapel.org)

### In brief

**TV** After making a name for himself in the celebrity rehabilitation genre with VH1's Celebrity Rehab With Dr. Drew and its spinoffs Sober House and the upcoming Celebrity Rehab — Sex Addiction, reality producer John Irwin is branching out with All Jacked Out, a hillbilly-themed series for CMT.

**SERIES** The premiere of HBO's newest comedy, Hung, was seen by 2.8 million viewers, making it the network's most-watched series debut in two years. Hung, about a well-endowed man (Thomas Jane) who becomes a hustler, was the strongest premiere for the network since John From Cincinnati, which aired in June 2007.

**FILM** Charlie Day, one of the stars and creators of It's Always Sunny in Philadelphia, and Christina Applegate have joined Drew Barrymore and Justin Long in the romantic comedy Going the Distance.

REUTERS

### Kenya's Style



Read the blog at [metronews.ca/kenyasstyle](http://metronews.ca/kenyasstyle)

For complete online movie listings, trailers, reviews and tickets, visit: [metronews.ca/movies](http://metronews.ca/movies)

CA	Vu SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/2/09	267 351 - ACCESS	Alberta Primetime (Live)		Greek		Private Practice		Grey's Anatomy		Primetime
	243 317 3 CFCN	Cornier Gas	Hollywood	The Listener "Lisa Says"		CSI: Miami (HDTV)		So You Think You Can Dance		News (N)
	- 4 OMNI	Two/Half Men	The Simpsons	News		News		The Simpsons	King	Metrolia
	- 371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Samantha Who	In Motherhood	Grey's Anatomy		Practice
	245 306 6 CBRT	Coronation St.	Jeopardy! (N)	Doc Zone "Wild Horse Redemption"		(HDTV)		CBC News: The National		The Hour
	244 338 7 CICT	ET Canada	Entertainment	Harper's Island "Whap"		Bones "Fire in the Ice"		The Office	The Office	News Hour
	246 - 8 CKAL	Law & Order: SVU		Law & Order: UK		30 Rock	Scrubs	Friends	30 Rock	Your City
	119 705 9 CBXFT	Des squelettes	Gars fille	Perdus (HDTV) (SC)		Bons baisers de France (SC)		Le Téléjournal et Les Nou		TJ Alberta
	- 10 SHAW	(6) Local Programming						Local Programming		
	- 372 12 KREM	News (N)	Hollywood	The Doctors		CSI: Miami (HDTV)		CSI: Crime Scene Invstgtn.		The Mentalist
news	- 374 14 KSPS	NewsHour With Jim Lehrer		400 Years of the Telescope		Midsomer Murders		MI-5		Soundstage (N)
	502 390 5 CBC	CBC News: The National		The Nature of Things		CBC News: The National		CBC News: The National		Nature-Things
	- 370 16 KHQ	News	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	30 Rock	The Office	The Office	30 Rock	The Listener
	- 373 22 KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	Bones "Fire in the Ice"		So You Think You Can Dance		News (N)
	297 652 37 WPX	Supernatural (HDTV)		PIX News at Ten Tong.		Two/Half Men	Friends	Sex and-City	According-Jim	Frasier
	500 500 29 CNN	Larry King Live (N)		Anderson Cooper 360 (HDTV)		Showbiz Tonight		Larry King Live		Cooper 360
	508 502 31 CNE	Jane Velez-Mitchell		Nancy Grace				Jane Velez-Mitchell		Nancy Grace
	400 400 21 TSN	CFL Football Winnipeg Blue Bombers at Edmonton Eskimos. (HDTV) (Live)						SportsCentre	Nike Golf Invitational	
	408 418 27 net	Best Damn Top 50 Special		Heads-Up Poker		The Ultimate Fighter (HDTV)		Sportsnet Connected		MMA Conn
	410 403 30SCORE	Poker Challenge		Score Tonight		Final Score	Final Score	Final Score	Final Score	Final Score
sports	411 457 44 OLN	Survivorman		Bounty Hunter	Bounty Hunter	Departures "Cambodia"		Survivorman		Bounty Hunter
	417 406 48 SPEED	Pinks -- All Out (HDTV)		Wrecked (N)	Wrecked	Pimp My Ride	Pass Time	NASCAR Hall of Fame Special		Pinks -- All Out
	552 543 20 YTV	iCarly		Family Biz	Prank Patrol	Malcolm-Mid.	Futurama	In Real Life		Falcon Beach
	557 541 39 FAM	Zoe 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	555 545 67 TOON	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	Blade *** (1998, Horror)	
	575 583 11 CMT	Reba	Reba	Hope & Faith	Hope & Faith	Tuckerville	The Wilkinsons	Michael *** (1996, Drama)	John Travolta.	
	553 546 17 TREE	Little Bear	Maggie-Beast	Comfy Couch	Zigby	Max & Ruby	Babar	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	- 18 CHTV	The Insider (N)	El News	True Hollywood Story		How I Met	Til Death	The Beast		News (N)
	505 398 19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602 568 23 W	Style by Jury	Style by Jury	How Clean	Friends	Divine Design	House	Confidential	Save Us-House	Divine Design
family	521 560 24 TLC	I Didn't Know I Was Pregnant		I Didn't Know I Was Pregnant		I Didn't Know I Was Pregnant		I Didn't Know I Was Pregnant		I Didn't Know
	603 561 25 FOOD	Jamie's Fowl Dinners		Ace of Cakes	Ace of Cakes	Boys Weekend	The Wild Chef	Unwrapped	Unwrapped	Fowl
	615 520 26 A&E	Crime 360 (HDTV)		Crime 360 "Overkill"		Crime 360 (HDTV)		Crime 360 (HDTV)		Crime 360
	617 522 32 SHOW	Trailer Park	Trailer Park	The Outer Limits		Love-Death	Love-Death	Storm Cell (2008, Drama)	Mimi Rogers.	
	601 562 33 SLICE	10 Pounds	10 Pounds	Bulging Brides	Bulging Brides	El Canada	Til Debt-Part	Real Housewives OC		Trading Sp
	- 633 34 ENC2	Jeremiah John.	(7:25) Louis 19 *** (1994, Comedy)	Elizabeth *** (1998, Historical Drama)	Cate Blanchett.	Daily Planet		Mega Heist Near perfect crimes.		
	520 505 35 DISC	(6) Mega Heist	MythBusters	Law & Order		Seinfeld	Dead Man on Campus	Without a Trace		I Like It Like
	502 523 36BRAVO	Housesitter (2007, Suspense)	Tori Spelling, Jonathan Higgins.	Ace Ventura: Pet Detective *** (1994, Comedy)		Corner Gas	The Simpsons	South Park	Comedy Now	
	294 650 40 WPCB	Friends	Friends	Ace Ventura: Pet Detective *** (1994, Comedy)		Corner Gas	The Simpsons	South Park	Comedy Now	
	626 547 41 COM	Laughs	Comedy Now	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	Comedy Now
cable variety	- 539 42 TCM	(6) The Wizard of Oz (1939)		1939 The year in film.		(9:15) The Women *** (1939, Comedy)	Norma Shearer. (DVS)	MANswers	GameTrailers	MANswers
	628 584 43 SPIKE	TNA IMPACT! (HDTV) (N)		NCIS "Ice"		4th and Long "The Rivals"		MANswers	GameTrailers	MANswers
	522 516 45 HIST	Unlocking the Past		NCIS "Ice"		Ancient Discoveries		Unlocking the Past		NCIS
	627 528 46 SPACE	Dragon Dynasty (2006, Adventure)		Federico Castelluccio.		Stargate SG-1 (DVS)		Star Trek: Next Gener.		Trek: Voyager
	- 47 AMC	(6) The Dirty Dozen *** (1967, War)	Lee Marvin, Ernest Borgnine.	Midway *** (1976, War)	Charlton Heston, Henry Fonda.					
	619 525 49 TROP	North of 60		Traders "Hope Chasers"		Inside Hollywood		Seinfeld	Raymond	Family Guy
	600 564 50 HGTV	Disaster DIY	Big Amazing	House Hunters	House Hunters	Holmes on Homes		Disaster DIY	Big Amazing	Handyman
	501 391 52 CTV	CTV News Tonight		News	CTV News	News	CTV News	News	CTV News	News
	504 508 70 BNN	Squeeze Play		Market Call		Headline	Market Call	Commodities	Business News	Squeeze Play
	526 507 92 VIVA	The Closer		Passion		Psychic Inv.	Encounters	Judging Amy		Most Haunted

### critics' corner

#### Handyman Superstar Challenge

They may not qualify for "Canada's Worst Handyman," but the do-it-yourselfers competing on this show — which starts its fourth season tonight — are far from perfect. Ten contestants, all accomplished do-it-yourselfers, undergo an assortment of challenges to determine which of them — if any — is deserving of the title "superstar." Karen Bertelsen hosts, and Mike Holmes ("Holmes on Homes") and Jim Caruk ("Real Renos") are the judges. 12 PM on HGTV



#### 30 Rock

Not realizing it's going to be the ultimate lovers holiday, Liz (Tina Fey) insists she and Drew (John Hamm) have their first official date on what turns out to be Valentine's Day. Meanwhile, Jack (Alec Baldwin) prepares himself for an unconventional holiday at church with new girlfriend Elisa (guest star Salma Hayek). Then Kenneth (Jack McBrayer) tries to win the affections of a new staffer. Jane Krakowski also stars in "St. Valentine's Day." 10:31 PM on CKAL. KHQ



Hayden Panettiere's upcoming role in the movie *I Love You, Beth Cooper* will give fans a good look as she bares all, people.com reports. The 20-year-old says, "If I can't flaunt it at 20, come on! I mean I might as well show it now." **METRO NEWS SERVICES**

## Celebrity Buzz

# Saying goodbye to an angel

**FINAL FAREWELL** Ryan and Redmond O'Neal tearfully joined Farrah Fawcett's closest friends and family for the actress' private funeral Tuesday afternoon at the Cathedral of Our Lady of the Angels in downtown Los Angeles, people.com reports.

Fawcett's Charlie's Angels co-star Kate Jackson, along with Marla Maples, Joan Collins



and Tatum O'Neal were among the 200 guests attending the hour-long Catholic service, where long-time pal Alana Stewart

and Fawcett's doctor Lawrence Piro delivered the eulogies.

"Goodbye sweet girl," said Stewart. "(Farrah) never felt sorry for herself during her illness ... she fought cancer furiously."

"She's the most beautiful angel in heaven," Stewart added. "She always seemed so indestructible."

With city police and private security lining the streets, a hearse drove up just a few minutes before the funeral began. O'Neal

and son Redmond served as pallbearers carrying Fawcett's casket, adorned with yellow and orange flowers.

"The funeral was really just beautiful and so sweet," Lisa Fawcett, the actress' cousin, told People. A special moment during the service came when "everyone just embraced (Redmond)," she said about Fawcett's 24-year-old son, who was allowed to leave jail and attend.

**METRO NEWS SERVICES**

# Madonna's still got it

**PROVOCATEUR** A promo by Madonna for an upcoming show in St. Petersburg, Russia, is causing outrage because the star swears in the first few seconds of the taped message.

The singer starts the promo for her Aug. 2 show by saying it will be "F—in amazing" in Russia.

The promo has rattled even her local management. "We are not just amazed, it's not the right word

— we are in shock," said Marianna Lubina, press representative of the PMI company, which is bringing Madonna to St. Petersburg. "Her greeting is extremely short, and will be much shorter when we cut this filthy word."

In the meantime, tickets for this concert are selling like hot cakes. Only VIP ticket — costing more than \$1,000 US are left.

**METRO WORLD NEWS**



## Lindsay staged bash for cash?

**PARTY POOPER** Lindsay Lohan turns 23 today, and it turns out that early birthday party she threw in Las Vegas last weekend was a lucrative one.

Lohan was reportedly paid \$70,000 US to host the "pre-celebration" at the MGM Grand, according to Page Six. But some say it was just business for the actress. "None of her really close friends were there," a source says.

**METRO WORLD NEWS**



## No truth to Megan-Shia buzz

**OUT OF HIS LEAGUE** Rumours about Transformers co-stars Megan Fox and Shia LaBeouf dating may have just been wishful thinking, since Fox has been spotted in Las Vegas with on-and-off boyfriend, Brian Austin Green, Hollyscoop reports. **METRO WORLD NEWS**



# Anniversaries, Beckham-style

**OVER THE TOP** David Beckham has rented a private island to celebrate his tenth wedding anniversary with wife Victoria, femalefirst.co.uk reports.

The soccer star is keen to show the former Spice Girl how much he loves her, and has organized a romantic getaway at Sir Richard Branson's exclusive and luxurious Necker Island resort.

A source said: "David

has pulled in a few favours. He has bought Victoria a lot of other gifts to mark the occasion but the big surprise is the holiday to Necker."

"Richard Branson



owns the paradise island and sorted the trip out, including all the travel arrangements. It will be something to remember."

The couple — who have three sons together, Brooklyn, 10, Romeo, six, and four-year-old Cruz — married on July 4, 1999.

**METRO NEWS SERVICES**

# Hollywood a tough gig

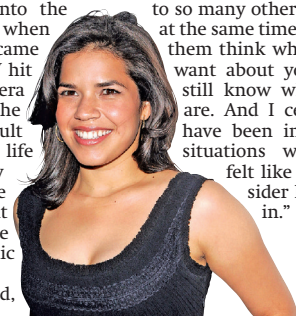
**FAME'S FOLLIES** America Ferrera struggled to cope with her overnight fame — and felt like an "outsider" in Hollywood, femalefirst.co.uk reports.

The 25-year-old actress was thrust into the public eye when Ugly Betty became an instant TV hit in 2006. Ferrera admits she found it difficult adjusting to life as a celebrity because she suddenly felt as though she was public property. She said,

"I've never spoken to a single person who knew how to handle Hollywood with ease. It's a different universe."

"You have to learn how to be yourself, but belong to so many other people at the same time and let them think what they want about you, but still know who you are. And I certainly have been in many situations where I felt like an outsider looking in."

**METRO NEWS SERVICES**



# Bradley makes the rounds

**DATING CIRCUIT** Days after Bradley Cooper declared he and Jennifer Aniston are just "friends," the Hangover star went on a dinner date with Renee Zellweger, usmagazine.com reports.

The two dined in a quiet corner at Italian restaurant Antinucci on New York City's Upper East Side on Tuesday night.

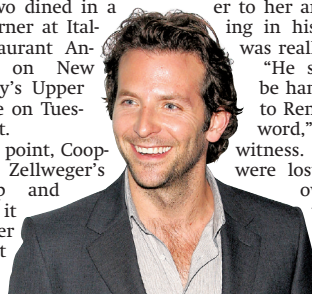
At one point, Cooper took Zellweger's tea cup and smelled it and her face lit up.

When Cooper spoke, Zellweger played with her hair, twisting it around her finger.

"She was grinning ear-to-ear and laughing really loud," added the onlooker. "Bradley kept moving closer to her and slouching in his seat. He was really relaxed."

"He seemed to be hanging onto to Renee's every word," said the witness. "They were lost in their own little world."

**METRO NEWS SERVICES**




# Courtney explains weight loss

**KURT DRAMA** Super-skinny Courtney Love says "I know I've got too skinny" after her malnutrition diagnosis, she tells Grazia magazine. Love says it's all due to stress over millions of dollars that are missing from Kurt Cobain's estate. "You have no idea what it has been like these last few months. I need to get to the bottom of this fraud. I need answers."

**METRO WORLD NEWS**






Explore the many moods of

# Moxie's

Check out our NEW LOOK and MAJOR EXPANSION coming soon on 17th.  
Join us for your chance to see U2 and Black Eyed Peas LIVE in Vancouver.

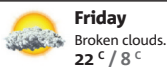
17th AVE



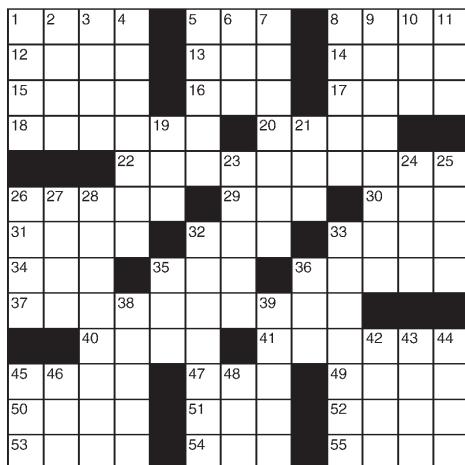
**MOXIE'S  
CLASSIC  
GRILL**

1331 17th Ave SW • 403 228 1447 • moxies.com




**Andrew Schultz, Weather Specialist — Breakfast Television**

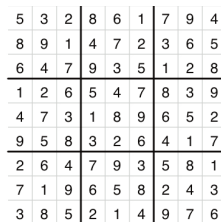
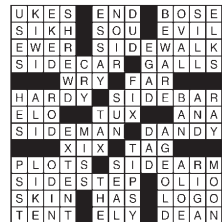
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."


**Crossword across**

- 1 Forbidden (Var.)  
5 Actress Thurman  
8 Chaste  
12 Unsigned (Abbr.)  
13 Persona-grata link  
14 A single time  
15 Hexagonal state  
16 Spacecraft compartment  
17 Cicatrix  
18 Long, harsh speech  
20 Bar  
22 With feet turned inward  
26 Froot —  
29 Little louse  
30 Attempt  
31 Partner in crime  
32 Additionally  
33 Actor LaBeouf  
34 Mid-afternoon hour  
35 Ostrich's cousin  
36 Enthusiast, plus  
37 Fit together  
40 List-ending abbr.  
41 Zurer of Angels & Demons  
45 Quaker pronoun  
47 Space  
49 Staffer  
50 Saharan  
51 Hearty brew  
52 Bridle part  
53 Gilligan's home  
54 Wire measure  
55 Hardly a purebred

**Crossword down**

- 1 Lacking slack  
2 Con  
3 Wild porker  
4 Blue  
5 Let off the hook?  
6 Cattle call?  
7 C-3P0, for example  
8 Suggest, as a theory  
9 Strip  
10 Nipper's co.  
11 Always, in verse  
19 Insult  
21 Pismire  
23 Boredom  
24 Green land  
25 Twosome  
26 Set down  
27 Medley  
28 Salad dressing ingredient  
32 Blend  
33 Weapon of a sort  
35 Greek H  
36 Tina of 30 Rock  
38 Chopin piece  
39 Boutonniere site  
42 Stead  
43 Tend texts  
44 Circus shelter  
45 Skater Babilonia  
46 Storefront sign abbr.  
48 — Baba

**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**


Find today's answers + play more games at [metronews.ca](http://metronews.ca)

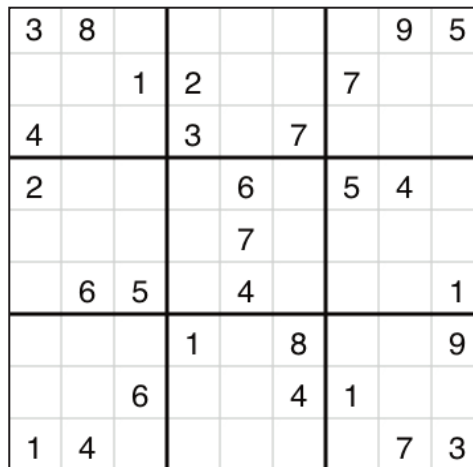
**SUDOKU SOLVE TIME:**

- Under 13 min ..... Genius  
13-17 min ..... Scholar  
17-21 min ..... Smart  
21-25 min ..... Not bad  
25+ min ..... Keep practising

**Sudoku**

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.


**Metro Recipe of the Day**

**Moroccan Chickpea Salad**

Submitted by Stephanie Ein, Montreal



submitted by a  
**Club Member!**

**INGREDIENTS:**

- 1 stalk celery, diced  
1 green pepper, diced  
1 med. tomato, diced  
1 med. onion or 6 green onions, diced  
1 can chick peas, drained (19 oz)  
1/2 cup of feta cheese

**DRESSING:**

- 2 tbsp olive oil  
3 tbsp red wine vinegar  
2 tbsp fresh lemon juice (about 1/2 lemon)  
1 tbsp fresh parsley  
1 tsp fresh mint  
1 tbsp & 1 tsp dried ground cumin  
Salt and pepper to taste



20 Minute Supper Club helps you get dinner ready in a snap. Sign up for quick and delicious recipes, cooking and food tips. It's free at [20minutesupperclub.com](http://20minutesupperclub.com)

**Horoscopes by Sally Brompton**

[sallybrompton.com](http://sallybrompton.com)

**ARIES**

MARCH 21-APRIL 20

If you see conspiracies at every turn you've allowed your suspicions to get out of hand. Nothing harm you — except your own negative thinking.

**LIBRA**

SEPT 23-OCT 23

You may have to rethink an undertaking that promised so much just a short time ago. It's still promising, but be realistic about your objectives.

**TAURUS**

APRIL 21-MAY 21

Today you will be acutely aware of changes in your professional situation. But there is no need to panic. These particular changes are good for you.

**SCORPIO**

OCT 24-NOV 22

Someone needs a shoulder to cry on and you'll try to comfort them. You might also like to point out where and why they went wrong — but nicely.

**GEMINI**

MAY 22-JUNE 21

With cosmic activity in the travel area of the heavens looking a little unsettled, weigh your options carefully before booking a vacation.

**SAGITTARIUS**

NOV 23-DEC 21

Whatever your responsibilities, make time for some fun and games today. Life may be a serious business but there should be time for laughter too.

**CANCER**

JUNE 22-JULY 22

Something has sparked you off and you intend to extract from it very last bit of fun and excitement. Just watch it doesn't cost you more than you can afford.

**CAPRICORN**

DEC 22-JAN 20

Step outside what you are working on and see it from a wider perspective. There may be a better way to go about your task.

**LEO**

JULY 23-AUG 23

Forget about everything but having a good time. And if you have that good time alongside someone you love it could be one of the best days of the year.

**AQUARIUS**

JAN 21-FEB 18

You won't want to push yourself at all today. Why should you when there are better qualified people to take care of the heavy stuff? Take a rest.

**VIRGO**

AUG 24-SEPT 22

As usual you'll be on the go from dawn to dusk, but activity in the wellbeing area of your chart is a bit unstable just now, so don't take unnecessary risks.

**PISCES**

FEB 19-MARCH 20

Something in the air alerts you that all is not right with your friends. Find out why this bubble of tension exists, then prick it so it bursts.

**FLIGHT CENTRE Unbeatable**
**NIAGARA FALLS**

FROM **\$299**

taxes & fees included

INCLUDES 2 nights 3-star accom and deluxe Niagara Region wine tour. **SAVE \$10\*** when you book Air Canada airfare.

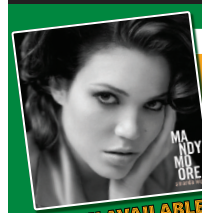
1 866 503 1294 | [flightcentre.ca](http://flightcentre.ca)

Conditions apply. Ex. Calgary. Package prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change.

**WORDY GURDY®**

- BY TRICKY RICKY KANE  
Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.
1. Prague set of 52 playing cards (1)
  2. Stupefy 19th President Rutherford B. (1)
  3. Praise a Ponzi scheme (1)
  4. More despicable Indiana NBAer (2)
  5. '70s supermodel Tieg's hazards (2)
  6. Flaking room top (2)
  7. Riverbed searcher's accounting books (2)

© 2009 United Feature Syndicate, Inc.  
ANSWERS: 1. CHECKER'S PERMS 2. DAZE HAYES 3. LAUD FRAUD 4. BARBER PAPER 5. CHERIE'S PERMS 6. FEELING CEILING 7. DREGGERS LEAGERS  
7-2-09

**WEEKLY CD GIVEAWAY!**


THIS WEEK YOU CAN WIN:

**MANDY MOORE:**  
Amanda Leigh

To enter go to  
[www.metronews.ca](http://www.metronews.ca)  
and click on **WIN**

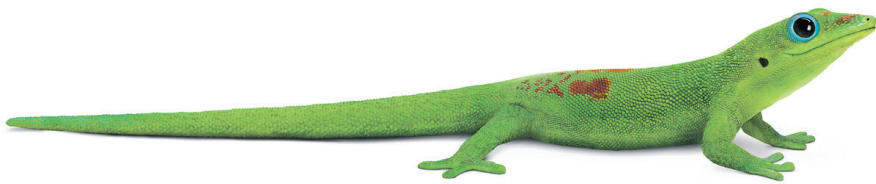
[metronews.ca](http://metronews.ca)



Contest closes on July 7th, 2009 at midnight

Do it daily.

# Awaken your senses. Lessen your expenses.



With all digital TELUS TV® you will:

- Enjoy superb picture and sound quality
- Start with 76 channels, including 45 commercial-free music channels
- Get access to HD Video On Demand

Plus, sign up now and receive a FREE HD PVR rental\*.

Add TELUS TV to  
a home bundle for

**\$20**/mo.†



Call 310-1144 or visit [telus.com/gettv](http://telus.com/gettv) or your nearest TELUS authorized dealer.

#### TELUS AUTHORIZED DEALERS

##### Northwest

Market Mall  
North Hill Mall  
Northland Mall

##### Northeast

Sunridge Mall  
Deerfoot Mall  
Marlborough Mall  
511 - 500 Country Hills Blvd. NE  
Calgary Airport

##### Southwest

Chinook Centre  
Southcentre Mall  
TD Square  
Bankers Hall  
Westbrook Mall  
237 - 255 5th Ave. SW  
203 - 321 6th Ave. SW  
245 - 225 7th Ave. SW

##### Southeast

856 - 33 Heritage Meadows Way SE

\*Free PVR rental available with a 2 or 3 year service agreement. †Offer available with a 1, 2 or 3 year service agreement until August 4, 2009 to residential clients who have not subscribed within the past 90 days to TELUS TV service and who have TELUS High Speed Internet service or a TELUS Local Line. \$20 includes the Essentials which includes 76 pre-selected channels. Further customization is available for an additional cost. TELUS reserves the right to change the channel lineup. © 2009 TELUS.